



FREEZE-IN OF DARK MATTER: RECENT DEVELOPMENTS

Andrzej Hryczuk



NATIONAL
CENTRE
FOR NUCLEAR
RESEARCH
ŚWIERK

based on: **AH and M. Laletin** [2104.05684](#)

+ a bit on **L. Darmé, AH, D. Karamitros, L. Roszkowski** [1908.05685](#)

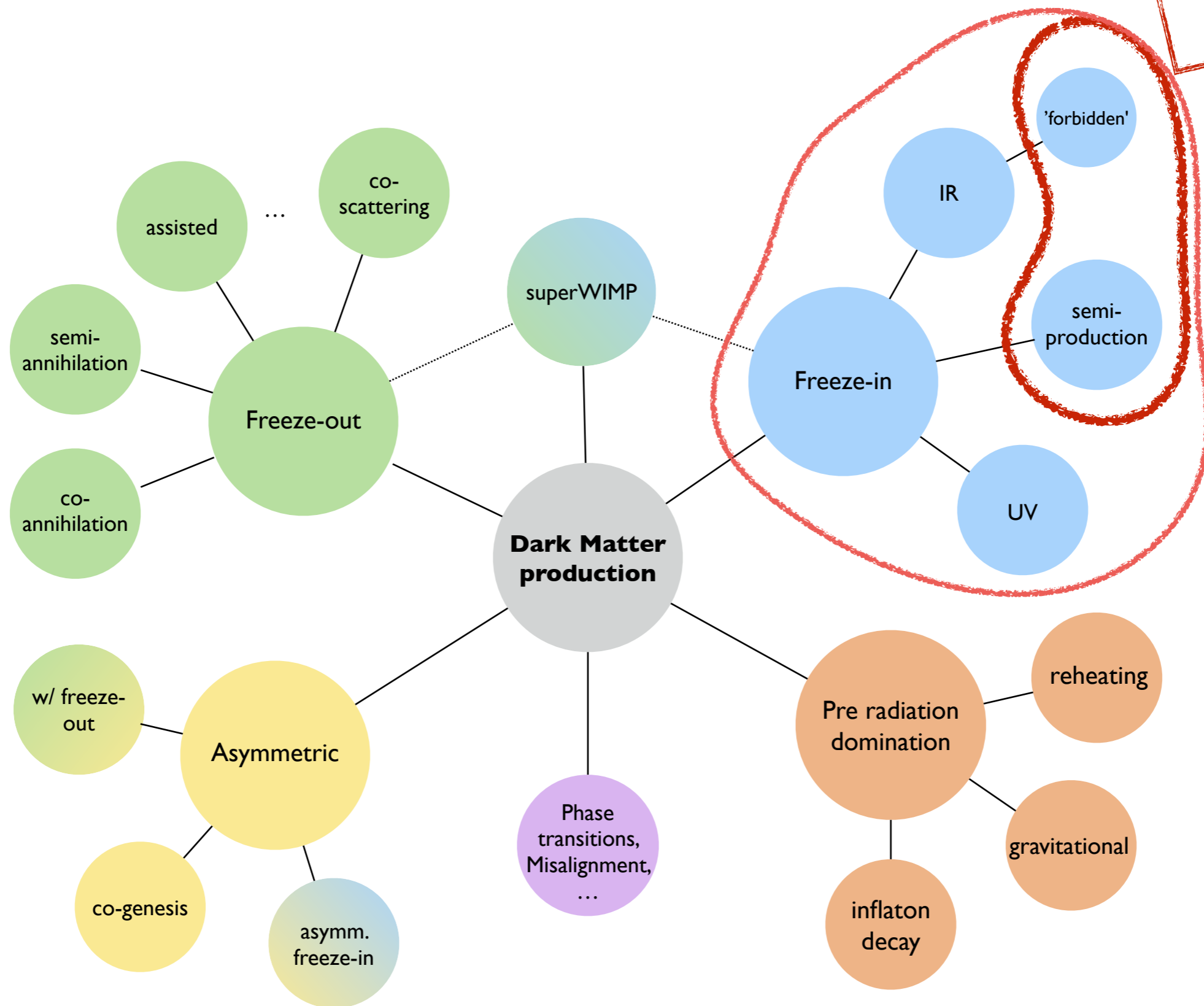


ANY GOOD THEORY
OF DARK MATTER
HAS TO EXPLAIN ITS
ORIGIN

ANY GOOD THEORY
OF DARK MATTER
HAS TO EXPLAIN ITS
ORIGIN

DARK MATTER ORIGIN

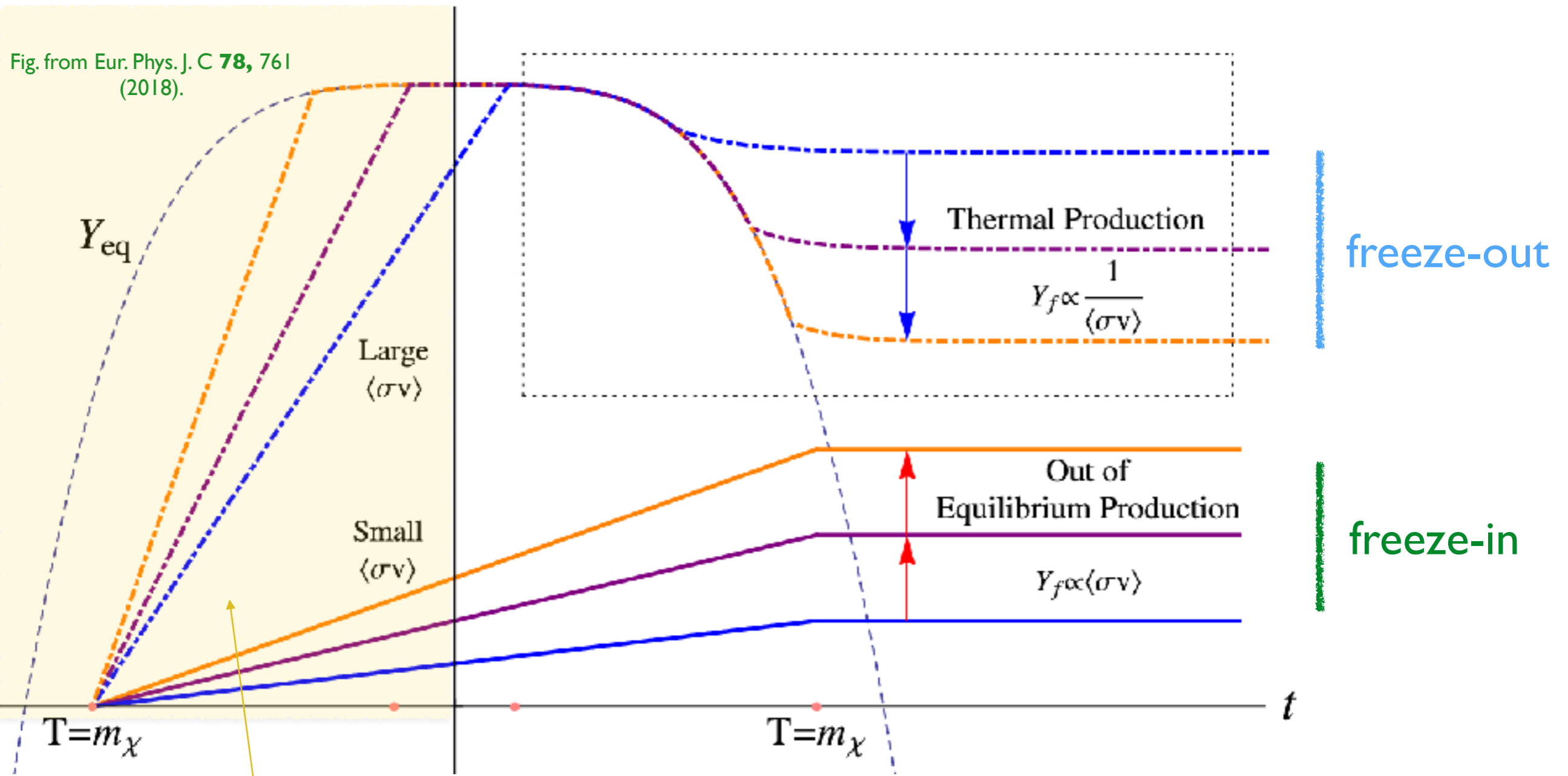
This talk!



FREEZE-IN vs. FREEZE-OUT

Freeze-in is in a sense the 'opposite' of freeze-out

Fig. from Eur. Phys. J. C **78**, 761 (2018).



note: this part is often not shown, but conceptually worth highlighting...

WHAT IS FREEZE-IN?

Visible Sector

Dark Sector

end of inflation
reheating

~empty

$$T \gg m_X$$

UV freeze-in

Thermal bath at
 $T \gtrsim m_X$

production
 X

Dark Sector:
 χ, \dots

expansion

IR freeze-in

$$T \sim m_X$$

Thermal bath at
 $T \lesssim m_X$

Dark Sector:
 χ, \dots

time

Freeze-in defined like this is a (very) old idea:

this is a standard production mechanism for e.g. **sterile neutrino, gravitino, axino, ...**

however, old works focused on what now people call **UV freeze-in**

i.e. dominated by **non-renormalizable operators** and dependent on T_{RH}

Freeze-in = the above mechanism through renormalizable operators (**IR freeze-in**)

FREEZE-IN...

THE GOOD

simple

predictive

(relatively) generic



THE BAD

very small couplings

&

hard to detect



& THE UGLY

couplings not of $O(1)$
(by any stretch of imagination)

requires special
initial condition



FREEZE-OUT vs. FREEZE-IN

WIMPs

(Weakly Interacting Massive Particles)

DM starts in equilibrium with the SM bath

The role of the interaction with SM is to suppress DM from its huge initial population

If through annihilation typical value required

$$\langle\sigma v\rangle \sim 10^{-26} \text{ cm}^3/s$$

Relic abundance decreases with $\langle\sigma v\rangle$

Requires

$$T_{\text{RH}} \gtrsim m_\chi$$

FIMPs

(Feebly Interacting Massive Particles)

DM never in equilibrium with the SM bath

The role of the interaction with SM is to produce DM

If through annihilation typical value required

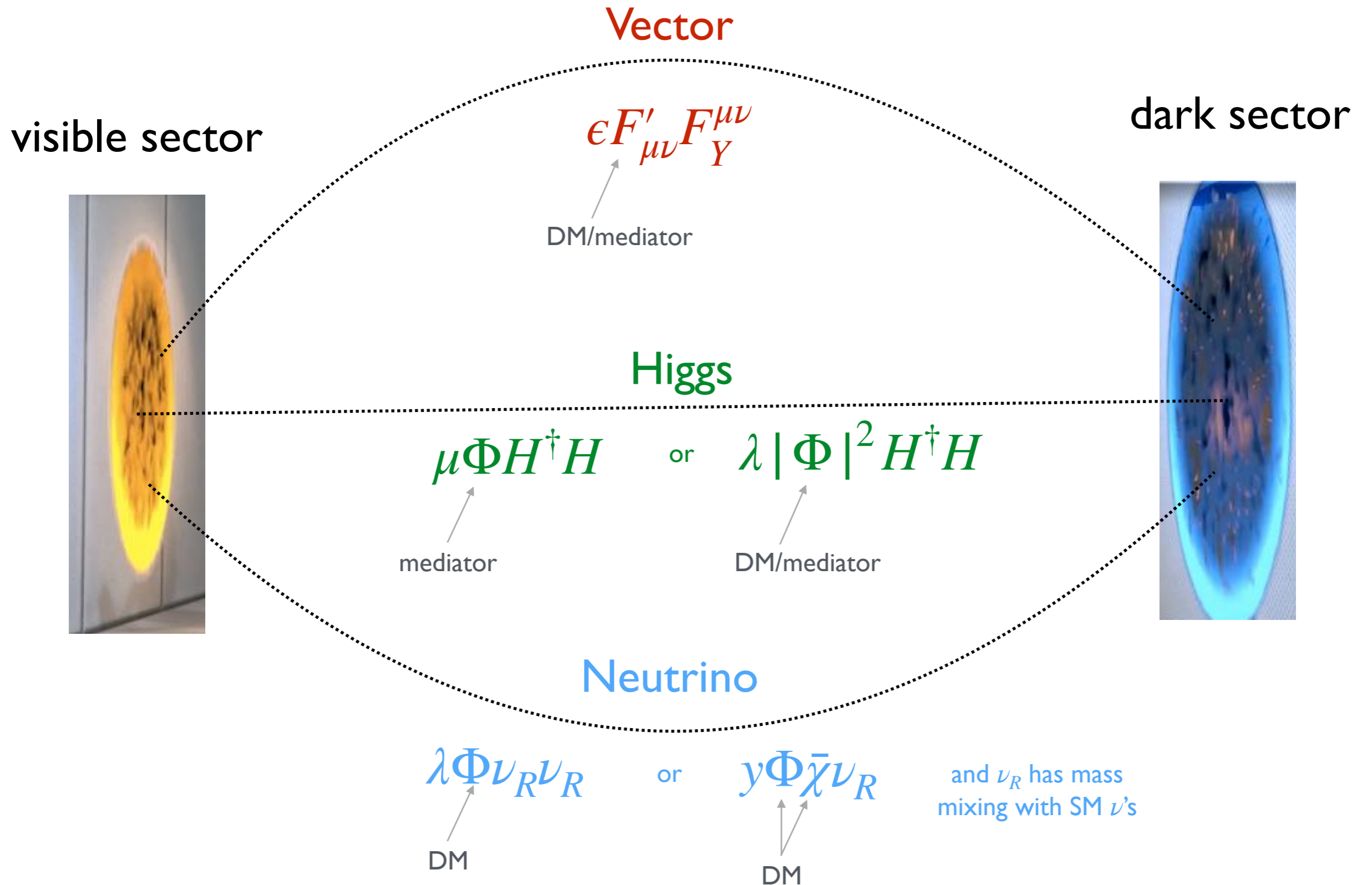
$$\langle\sigma v\rangle \lesssim 10^{-40} \text{ cm}^3/s$$

Relic abundance increases with $\langle\sigma v\rangle$

Requires

~no initial abundance

PORTALS



*portal mediator can also be non-reonoramlizable or composite (for more complex dark sector)

FREEZE-IN CALCULATION

Boltzmann equation for $f_\chi(p)$:

$$E (\partial_t - H\vec{p} \cdot \nabla_{\vec{p}}) f_\chi = \mathcal{C}[f_\chi]$$

with initial condition:

$$f_\chi(p, t = 0) = 0$$

The collision term:

$$\mathcal{C}[f_\chi] \sim \int d\Pi_{ij\dots\rightarrow ab} (2\pi)^4 \delta^4(\dots) |M|^2 \left[f_i f_j \dots (1 \pm f_\chi) (1 \pm f_a) (1 \pm f_b) \dots - f_\chi f_a f_b \dots (1 \pm f_i) (1 \pm f_j) \dots \right]$$

„gain” term

(the simple one, describes production)

„loss” term

(the difficult one, usually neglected in freeze-in!)

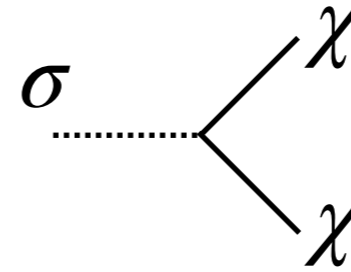
The collision term can also contain:

decays, annihilations, cannibalizations, ...

Note: to first approximation freeze-in production is much easier to determine than freeze-out!

FREEZE-IN CALCULATION

Example: freeze-in from decay of σ in equilibrium



$$\frac{x}{Y_\sigma^{\text{eq}}} \frac{dY}{dx} = 2 \frac{\Gamma_{\sigma \rightarrow \chi\chi}}{H} \frac{K_1(x)}{K_2(x)}$$

$Y = n/s$ independent!

\Rightarrow

$$\Omega_\chi h^2 \simeq 4.48 \times 10^8 \frac{g_\sigma}{g_{*s} \sqrt{g_*}} \frac{m_\chi}{\text{GeV}} \frac{M_{\text{P}}}{m_\sigma^2} \Gamma_{\sigma \rightarrow \chi\chi}$$

\Rightarrow

$$y \simeq 10^{-12} \left(\frac{\Omega_\chi h^2}{0.12} \right)^{1/2} \left(\frac{g_*}{100} \right)^{3/4} \left(\frac{m_\sigma}{m_\chi} \right)^{1/2}$$

Why is this IR dominated?

time vs. temperature: $t \sim M_{\text{P}}/T^2$

$$\Rightarrow \frac{t(T = 0.1 \text{ GeV}) - t(T = 1 \text{ GeV})}{t(T = 1 \text{ GeV}) - t(T = T_{\text{RH}})} \sim 100$$

and produced DM \propto time \times rate: $\frac{n_\chi}{T^3} \simeq t \Gamma_{\sigma \rightarrow \chi\chi}$

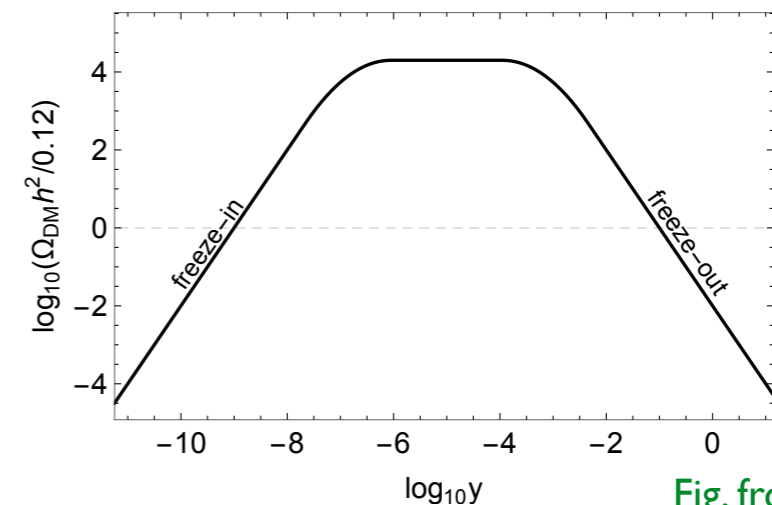


Fig. from I706.07442

All this is pretty standard, so let's go now for newer developments...

RELATIVISTIC OR NOT?

Relativistic reaction rate:

$$\Gamma_{a \rightarrow b} = \int \left(\prod_{i \in a} \frac{d^3 \mathbf{p}_i}{(2\pi)^3 2E_i} f(p_i) \right) \left(\prod_{j \in b} \frac{d^3 \mathbf{p}_j}{(2\pi)^3 2E_j} (1 + f(p_j)) \right) |\mathcal{M}_{a \rightarrow b}|^2 (2\pi)^4 \delta^4(p_a - p_b).$$

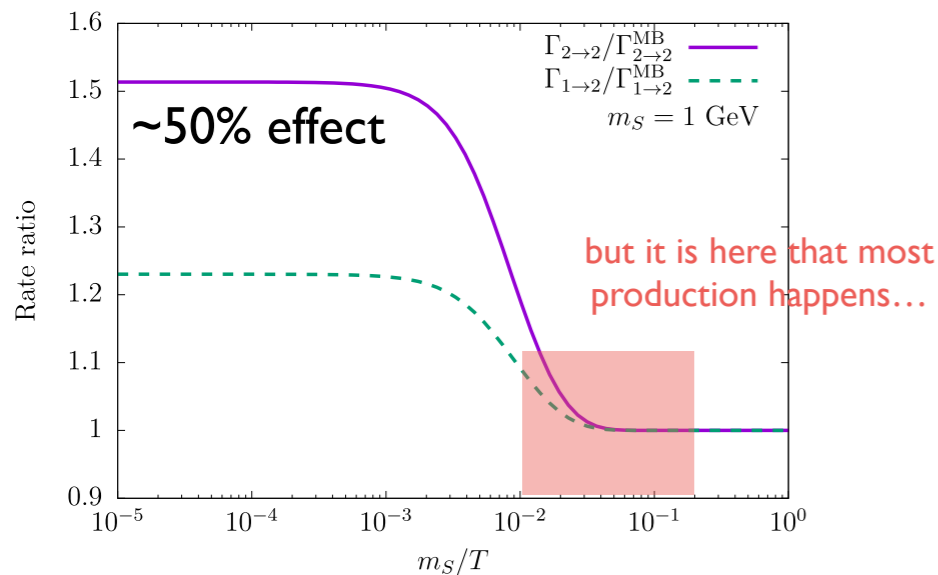
I) In freeze-out one (typically) takes Maxwell-Boltzmann distribution, should one use here:

$$f(p) = \frac{1}{e^{\frac{u \cdot p}{T}} - 1} \quad \text{instead?}$$

II) when relativistic, not obvious if $(1 \pm f) \approx 1$ which poses a question of the **feedback of DM distribution** to the production rate

At early stages of evolution DM is very diluted allowing for such approx.

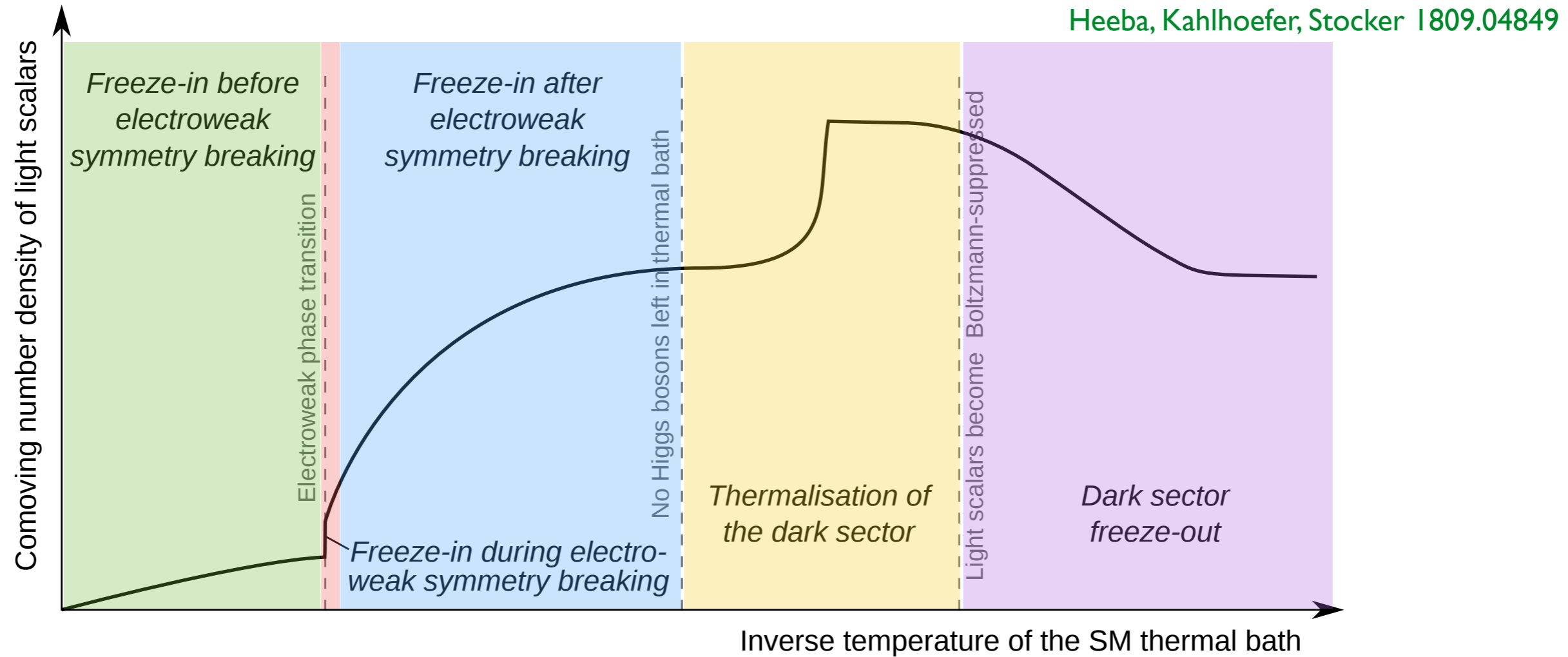
but when $T \sim m$ this is less obvious...



Lebedev, Toma 1908.05491 & subsequent works

MORE COMPLETE PICTURE

Illustration for production through Higgs portal:



One should be careful to include such (potentially relevant) effects!

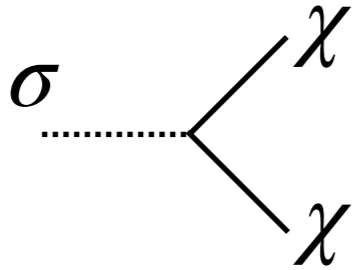
NEVER FORGET
THAT EARLY
UNIVERSE WAS
REALLY HOT!

NEVER FORGET
THAT EARLY
UNIVERSE WAS
REALLY HOT!



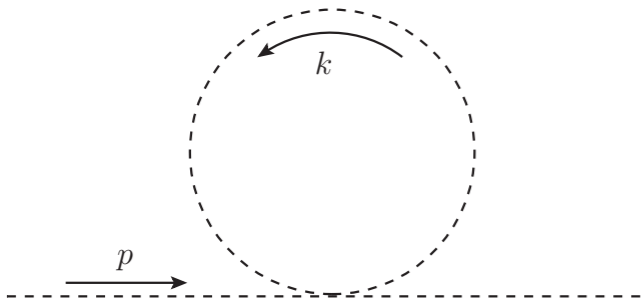
MODIFICATIONS DUE TO $T \neq 0$

Let's come back to the simple example:



Is condition $m_\sigma > 2m_\chi$ necessary?

Thermal mass of σ in $\lambda\sigma^4$ theory:



$$\Pi_S = i\frac{\lambda}{2} \int \frac{d^4k}{(2\pi)^4} \frac{1}{k^2 - m_S^2 + i\epsilon} + \frac{\lambda}{2} \int \frac{d^3\vec{k}}{(2\pi)^3} \frac{f_B(\omega_k)}{\omega_k}$$



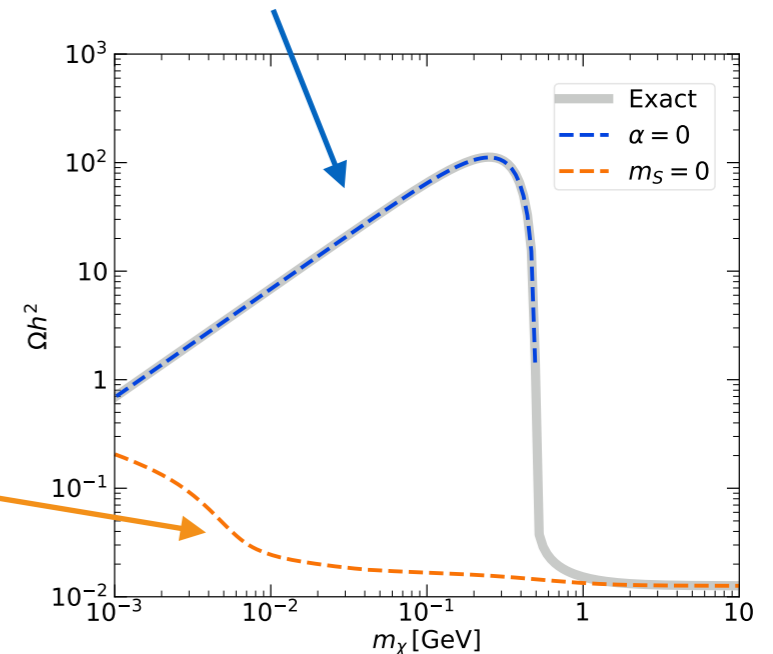
$$m_{S,T}^2 \approx \Pi_S^{(T)} = \frac{\lambda_S}{24} T^2$$

Following the freeze-in calculation as discussed before:

$$m_S^2 = \alpha T^2 \Rightarrow m_\chi Y_0 \sim \alpha^4 y_\chi^2 K_1(\alpha)$$

$$\Rightarrow \Omega h^2 \text{ nearly independent of } m_\chi$$

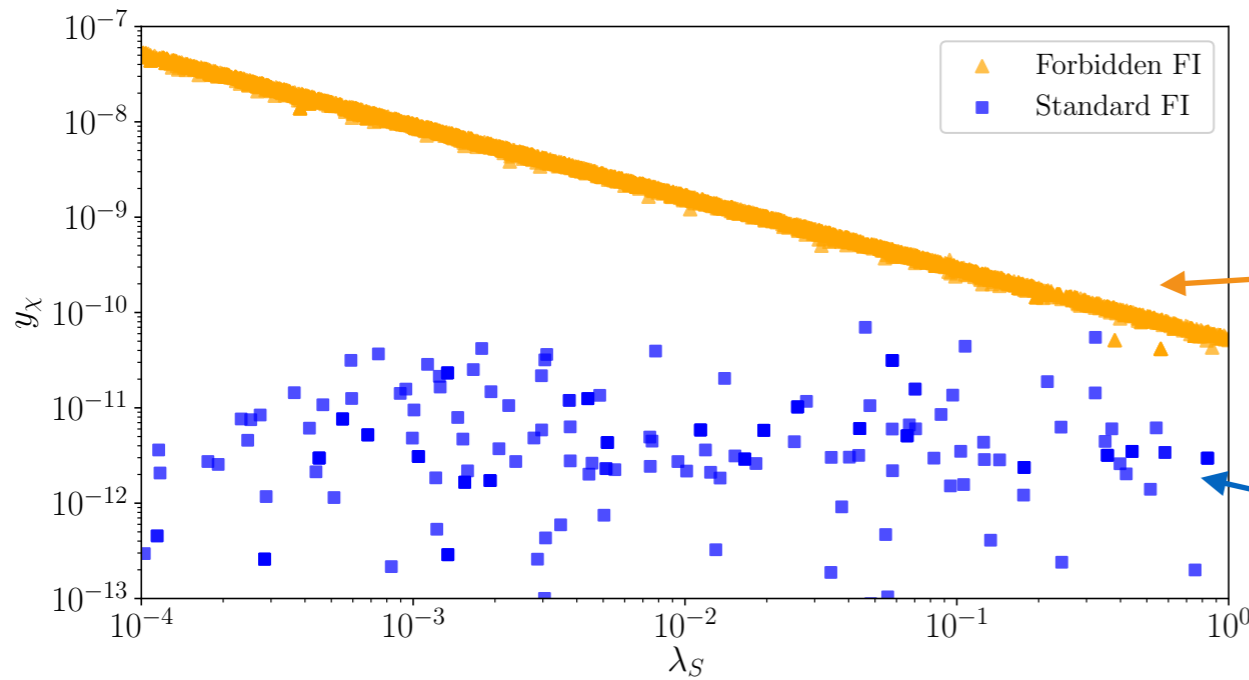
if no thermal mass



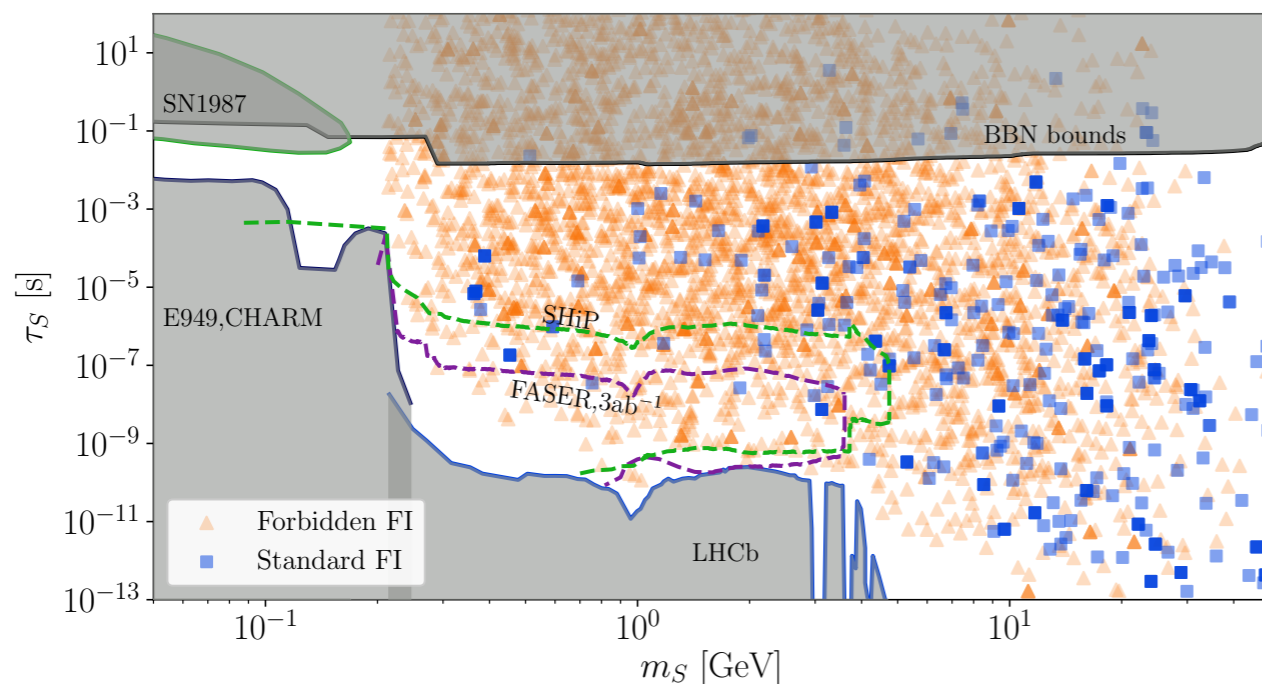
'FORBIDDEN' FREEZE-IN

Darme,AH,Karamitros,Roszkowski 1908.05685

Required coupling to get correct Ωh^2 :



Experimental limits on the example Higgs portal model



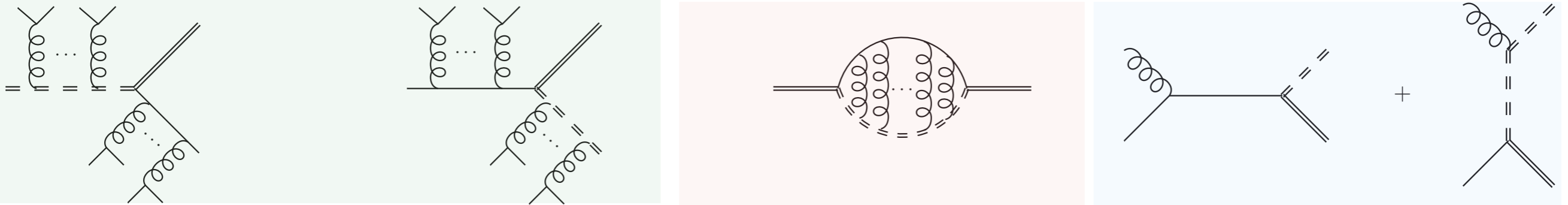
points: Bayesian scan results

Note that more points found in the **forbidden freeze-in** regime

MODIFICATIONS DUE TO $T \neq 0$ CTD.

Biondini, Ghighlieri 2012.09083

Multiple **soft** and **2-2** scatterings at $T \gg m_{\text{DM}}$:



not only **thermal masses**, but also scatterings can be very important - even for renormalizable interactions!

- Before: in renormalizable models **bulk DM population produced at $T \sim M$**
- Our work: this is not always the case
high-temperature $1 \leftrightarrow 2, 2 \rightarrow 2$ can give $\mathcal{O}(1)$ contribution

S. Biondini, talk at HECA seminar, March 2021

FREEZE-IN FROM OTHER PROCESSES

Until now we discussed freeze-in from decays.
What about other production channels? E.g:

annihilations and scatterings

very large literature, see e.g.
1706.07442 for a review



possible, but typically more
suppressed and UV sensitive

sequential

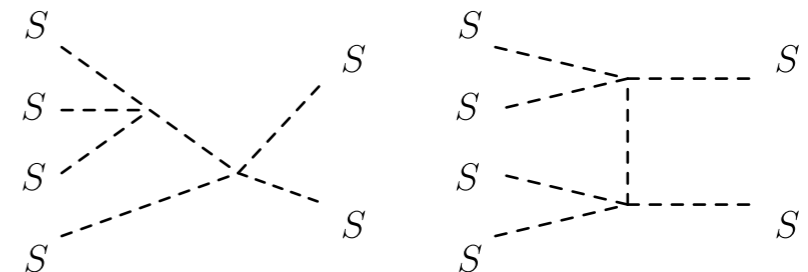
Belanger et al. 2005.06294



DM connected to SM through
mediator that undergoes freeze-in

boosting freeze-in by
(inverse) cannibalization etc.

see e.g. Bernal 2005.08988



Our motivation:
IS THERE ANY OTHER PROCESS POSSIBLE LEADING
TO BETTER DETECTION PROSPECTS?



YOU CAN'T
LOOK FOR FREEZE-IN
IN DARK MATTER IN
DIRECT &
INDIRECT
DETECTION

YOU CAN'T LOOK
FOR FREEZE-IN
DARK MATTER IN
DIRECT &
INDIRECT
DETECTION

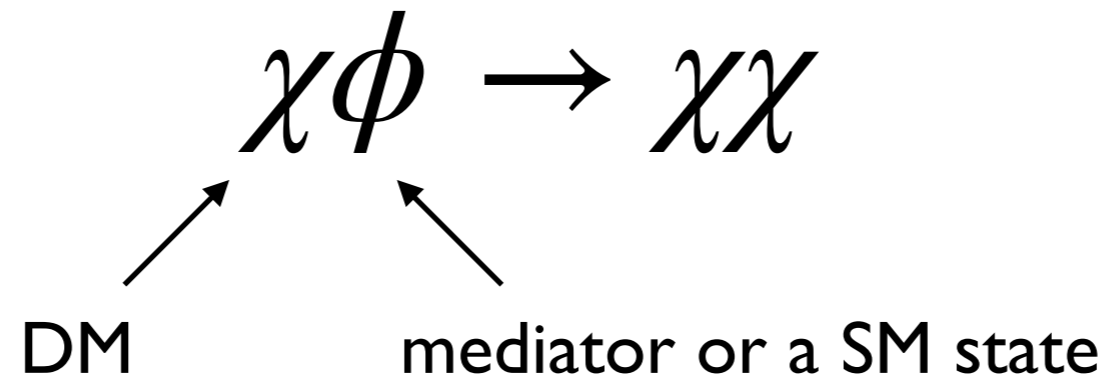
...are we sure
about that one

?!

HOW ABOUT SEMI-PRODUCTION?

AH, Laletin 2104.05684
(see also Bringmann et al. 2103.16572)

Consider process of production that is the **inverse of semi-annihilation**:



What is different (from the decay/pair-annihilation freeze-in)?

- The production rate is **proportional to the DM density**.
(Smaller initial abundance \rightarrow larger cross section...)
- **Semi-production** modifies the energy of DM particles in a non-trivial way, so the **temperature evolution can affect the relic density**

EXAMPLE TOY MODEL

We start the investigation with a simple two-scalar toy model:

$$\mathcal{L}_{int} = \mathcal{L}_{SM} + \mathcal{L}_{\phi-SM} + \frac{\lambda}{2}\phi (\chi^3 + (\chi^*)^3)$$

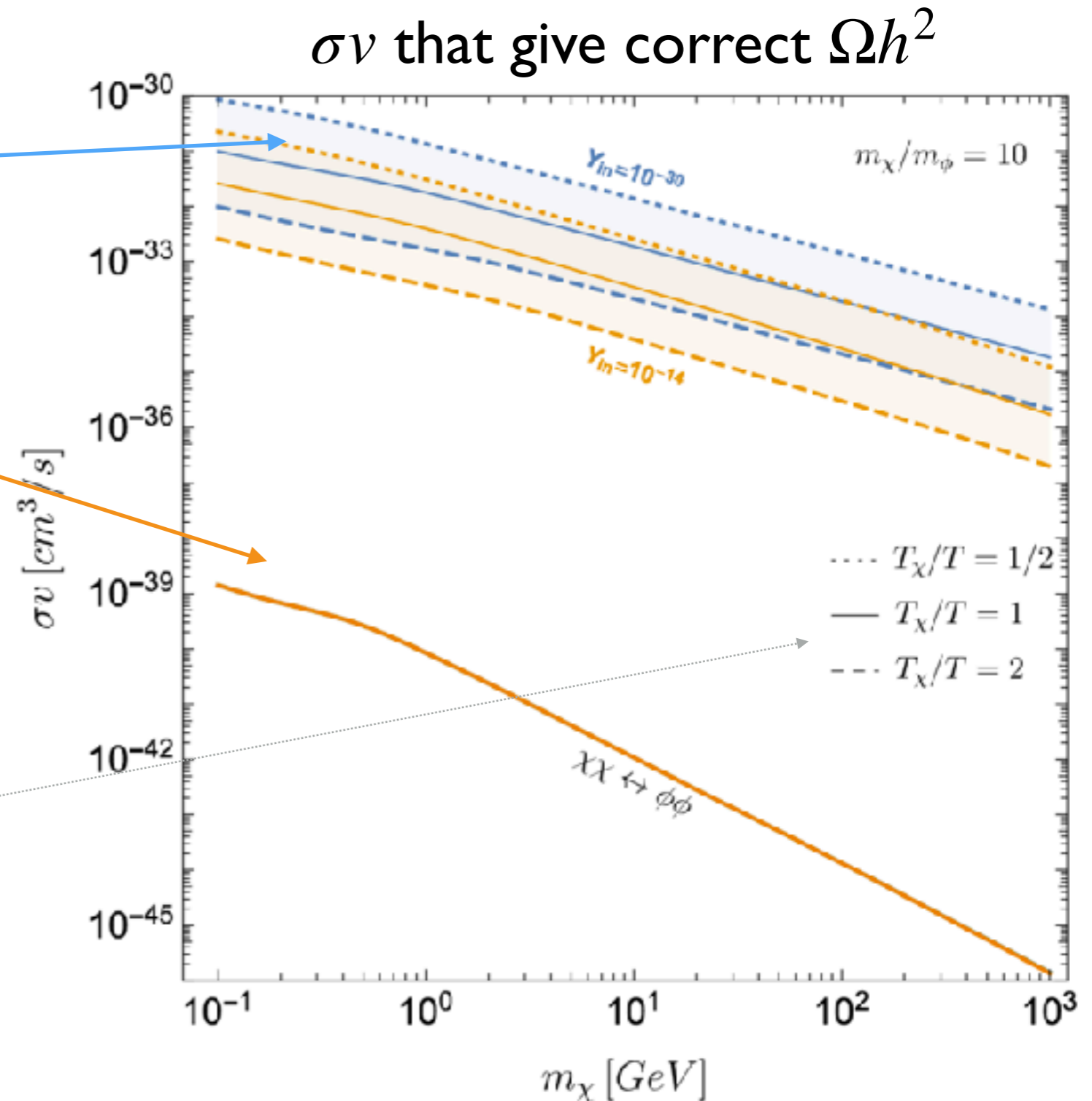
Z₃ symmetry


DM

- A. Assume that ϕ is **in equilibrium** with SM and for now simply take χ to have some **tiny initial abundance** (e.g. from reheating or UV pair production)
- B. For now also neglect any other potential interaction terms in the Lagrangian

TOY MODEL RESULTS

- **Semi-production** requires much larger cross sections than **pair-production**
- If ϕ is out of equilibrium, even larger cross sections are possible
- For now we assumed that the temperature of χ is known




 T_χ can be quite relevant!

SYSTEM OF BEs FOR Y_χ AND T_χ

This we obtain through equations for the 0th and 2nd moment of the BE:

$$\frac{Y'_i}{Y_i} = \frac{m_i}{x\tilde{H}} C_i^0,$$

$$\frac{y'_i}{y_i} = \frac{m_i}{x\tilde{H}} C_i^2 - \frac{Y'_i}{Y_i} + \frac{H}{x\tilde{H}} \frac{\langle p^4/E_i^3 \rangle}{3T_i}$$

where $y \equiv \frac{m_\chi T_\chi}{s^{2/3}}$ is a parameter that describes

the DM temperature $T_\chi \equiv \frac{g_\chi}{3n_\chi} \int \frac{d^3p}{(2\pi)^3} \frac{p^2}{E} f_\chi(p)$

The collision term is also given by its moments:

$$C_i^0 \equiv \frac{g_i}{m_i n_i} \int \frac{d^3p}{(2\pi)^3} \frac{1}{E_i} C[f_i],$$

$$C_i^2 \equiv \frac{g_i}{3m_i n_i T_i} \int \frac{d^3p}{(2\pi)^3} \frac{p^2}{E_i} C[f_i]$$

Now, there is a technical difficulty for semi-annihilation...

- the collision term contains term $\propto f_\chi(T_\chi) f_\phi(T)$
- and the **distribution functions break LI**... so one needs to work in plasma frame

REALISTIC MODEL

- We now consider a more detailed example model, where ϕ is a **scalar singlet** coupled to the Higgs doublet

Higgs portal interactions

$$\mathcal{L}_{\phi-SM} = A\phi H^\dagger H + \frac{\lambda_{h\phi}}{2}\phi^2 H^\dagger H - \mu_h^2 H^\dagger H + \frac{\lambda_h}{2}(H^\dagger H)^2$$

$$\mathcal{L}_{DS} = \frac{\mu_\phi^2}{2}\phi^2 + \frac{\mu_3^2}{3!}\phi^3 + \frac{\lambda_\phi}{4!}\phi^4 + \mu_\chi^2 \chi^* \chi + \frac{\lambda_\chi}{4}(\chi^* \chi)^2$$

$$+ \frac{\lambda_1}{3!}\phi(\chi^3 + (\chi^*)^3) + \frac{\lambda_2}{2}\phi^2(\chi^* \chi),$$

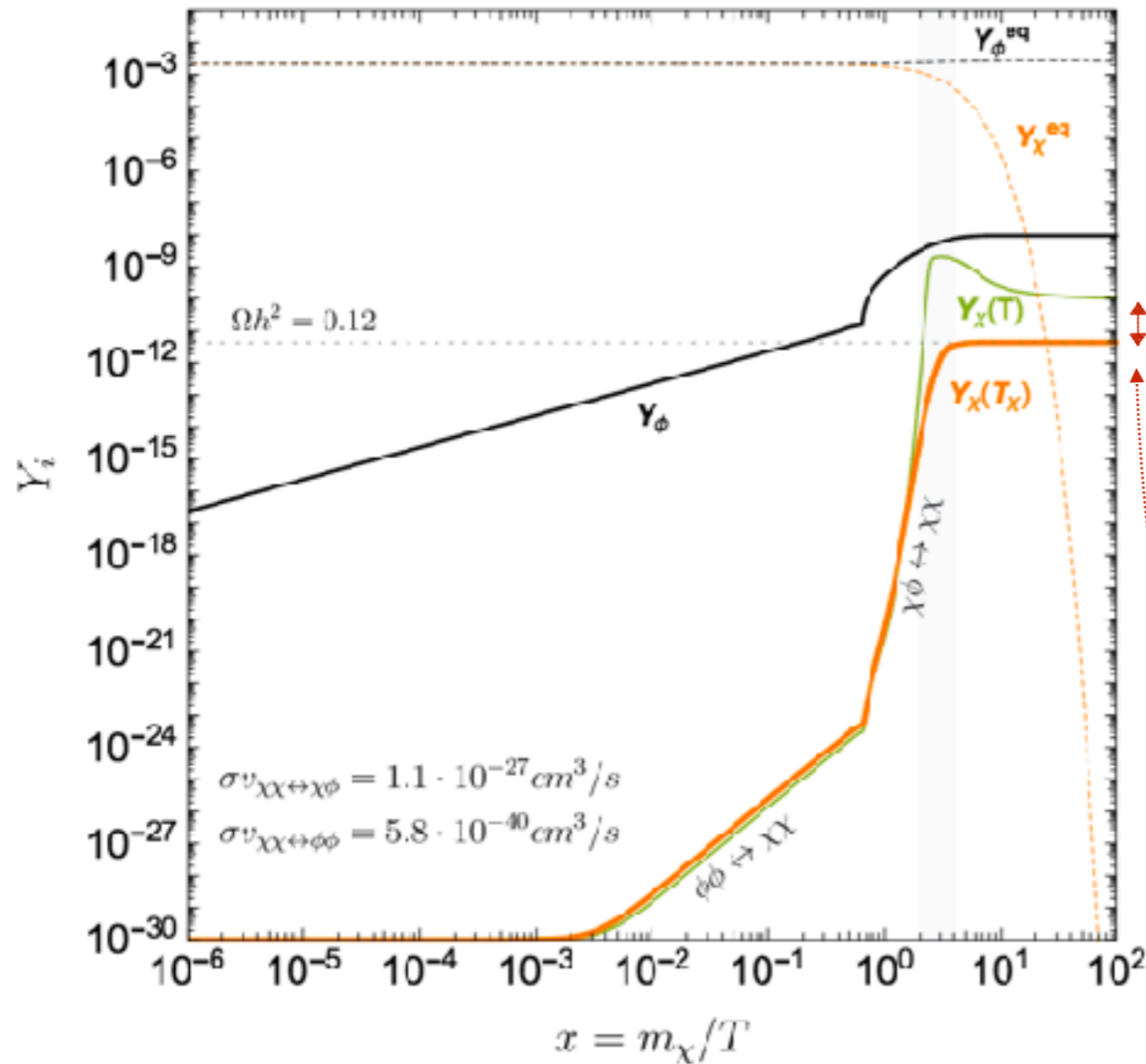
semi-production

pair-production

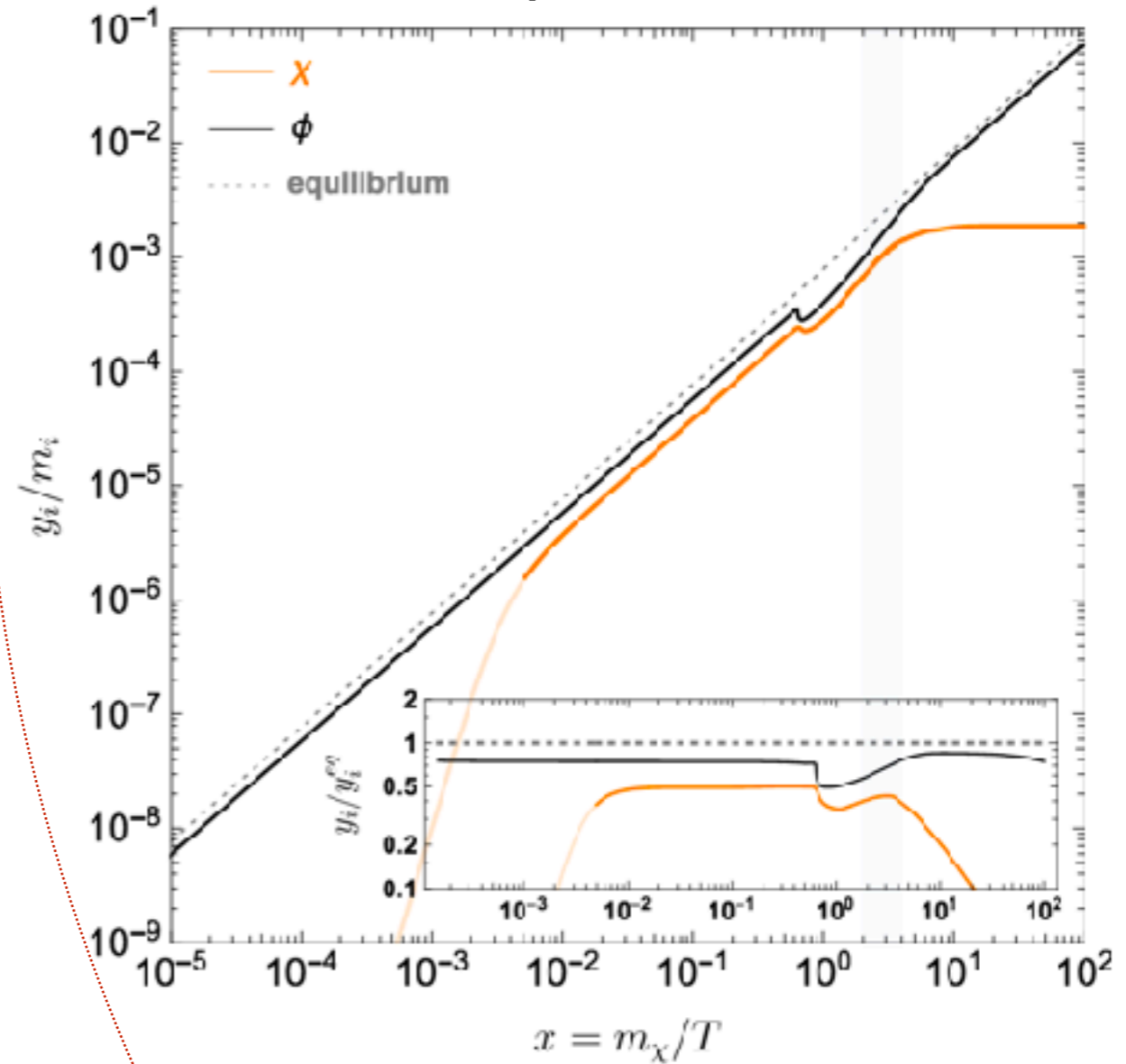
- ϕ gets a VEV, but χ doesn't
- $m_\phi < 3m_\chi \rightarrow$ no decays

EVOLUTION

co-moving number density



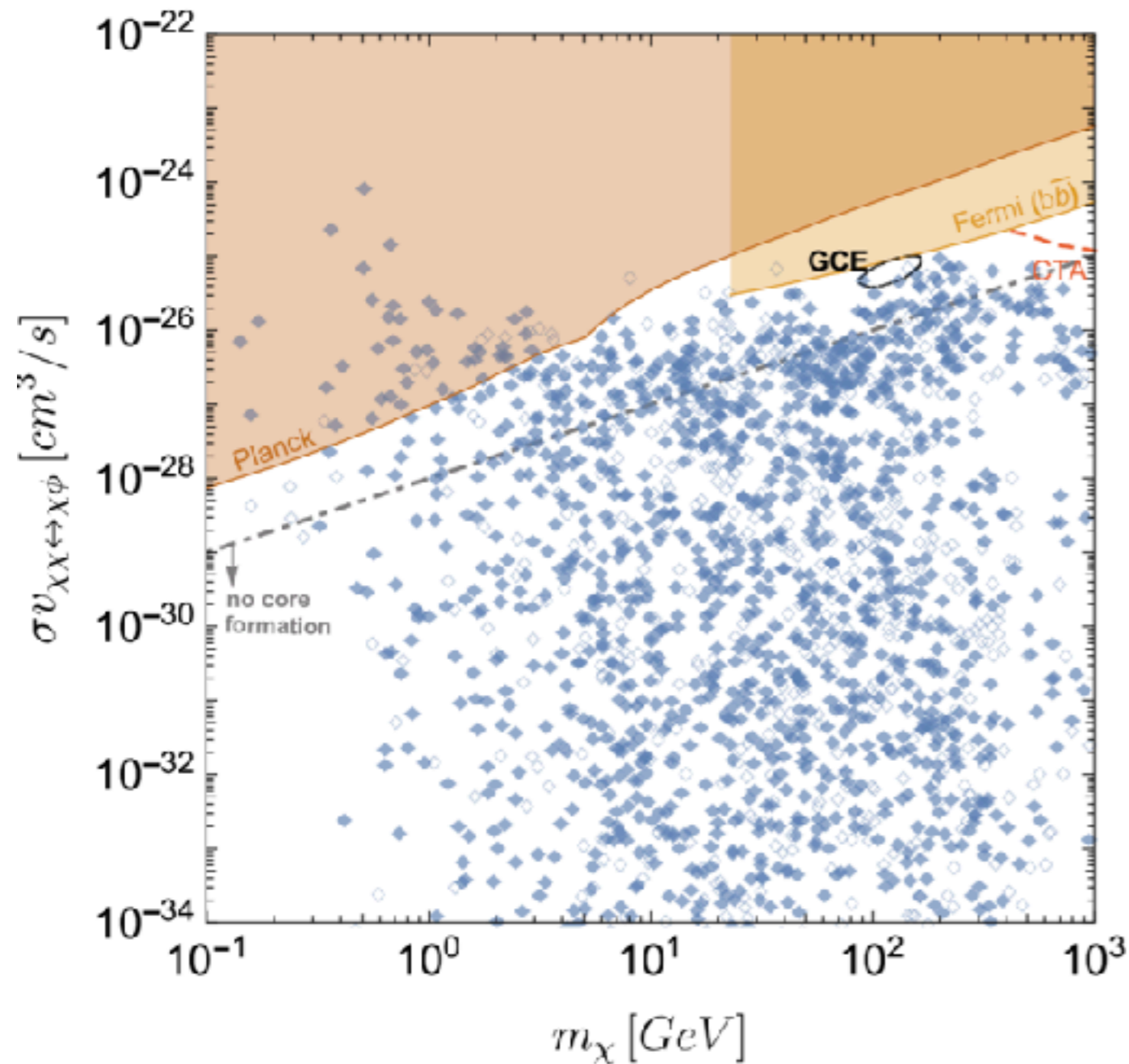
'temperature'



$m_\chi = 100 \text{ GeV}, \mu_\phi = 1 \text{ GeV}, \lambda_1 = 1.1 \times 10^{-2}, \lambda_2 = 10^{-8}, \lambda_{\chi\phi} = 6 \times 10^{-11}$

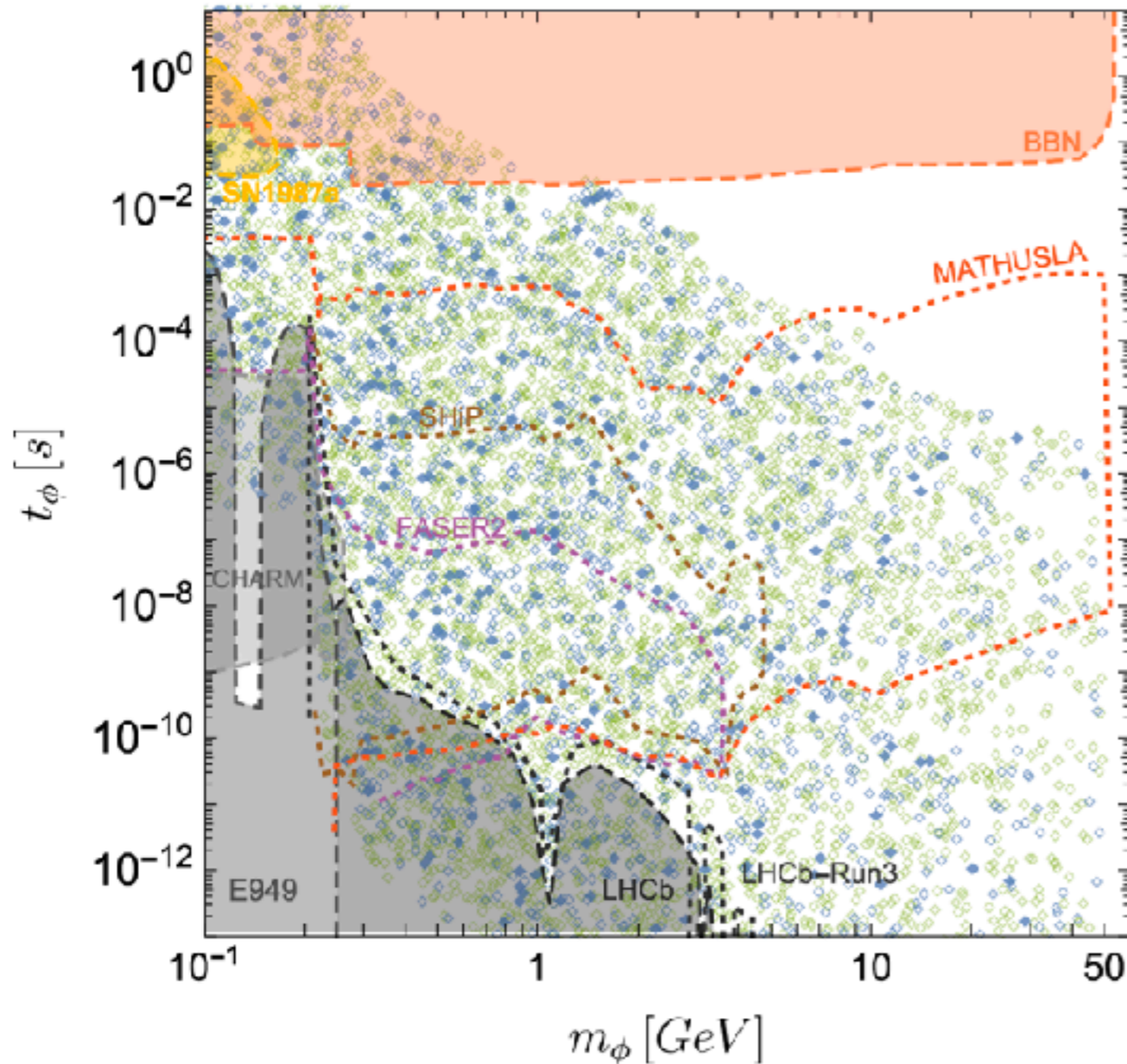
The **full calculation** compared to **one assuming $T_\chi = T$** can differ by more than **order of magnitude!**

INDIRECT DETECTION



- The results of the scan in the parameter space for the DM production dominated by the **semi-annihilation** processes.
- The **coloured** squares indicate the points, which are **within the reach of the future searches** for the mediator ϕ and the empty ones are beyond these prospects.
- The points above the grey dot-dashed line can potentially **explain the core formation** in dSph [1803.09762]

LABORATORY SEARCHES



- The constraints on the properties of the mediator ϕ and the prospects for its detection.
- The **blue** points correspond to the DM production dominated by the **semi-annihilation**, while the **green** ones – by the **pair-annihilation**.

GOING BEYOND KINETIC EQUILIBRIUM

Above we assumed that T_χ can be different than SM bath T but still:

$$f_\chi(p) \propto f^{eq}(p, T_\chi)$$

It is clear however that **this need not to be the case**, especially in freeze-in where typically there is no efficient equilibration

see e.g.: Belanger et al. 2005.06294
Du et al. 2111.01267

Work in progress: freeze-in module for

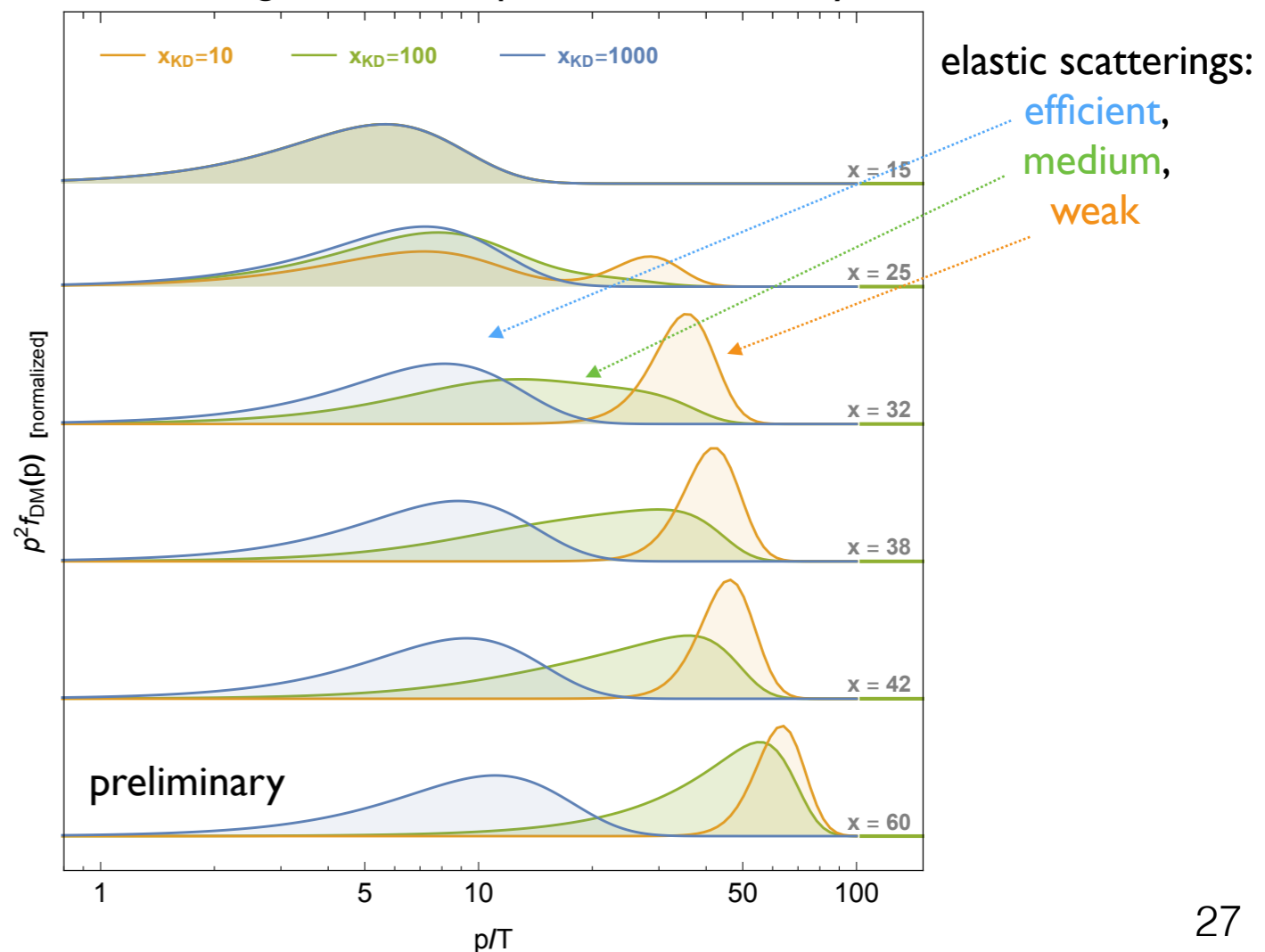


<https://drake.hepforge.org>

[written in *Wolfram Language*, lightweight, modular and simple to use code for calculating relic abundance]

Binder, Bringmann, AH, Gustafsson 2103.01944

DM having second component from a decay:



CONCLUSIONS

1. **Freeze-in** is a well motivated Dark Matter production mechanism. In recent years some **interesting developments** took place, opening new questions and possibilities.
2. DM produced via **freeze-in** can lead to detectable signals in **indirect searches**.
3. Temperature (and momentum distribution) can have a **non-trivial impact** in such scenarios and a **lot left to be studied** in this topic.

Thank you!