SELF-INTERACTING DM AND THE H_0 TENSION

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based on:

AH, K. Jodłowski 2006.16139

(see also poster by Krzysztof!)

3rd South American DM workshop

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Outline

1. Motivation
    - issues with the ΛCDM (large and small)
    - significance of the beyond CDM component
2. Idea: self-interacting DM from late decays
    - a.k.a. how to have viable long range force with stable light mediator
3. Example model
    - with natural mechanism of transferring few % of energy to radiation
4. Phenomenology
    - impact on the H_0 tension
    - candidate for ultra-SIDM
5. Conclusions

ΛCDM PROBLEMS

Small scale:

I. Diversity

in ΛCDM essentially one parameter specifying a halo, while reality much more diverse

II. Too-big-to-fail

most massive sub-haloes are expected to host luminous counterparts, but seem not to

III. Core-cusp

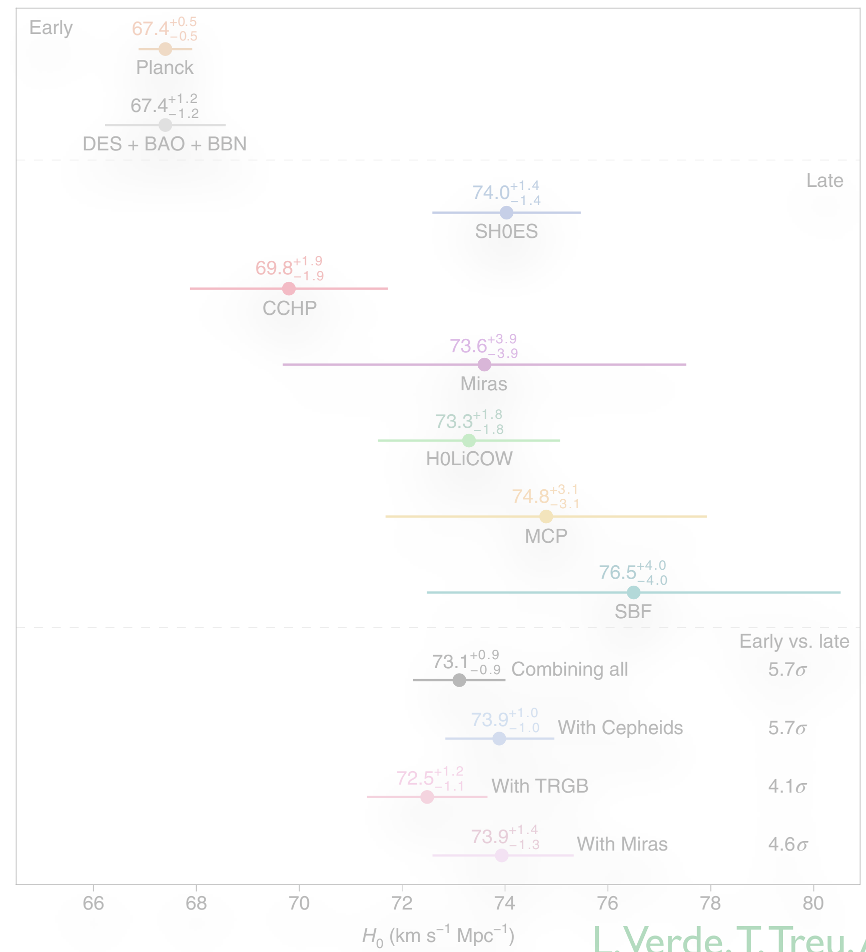
simulations predict more cuspy profiles than typically observed

IV. Missing satellites

simulations predict more more sub-haloes and hence we'd expect more MW satellites

Early vs late:

I. H_0 tension



L. Verde, T. Treu, A. Riess '19

II. $\sigma_8 - \Omega_m$

III. BAO z<1 vs. Ly-α

(recently shrunk to below 2σ...)

What is the role for DM?

Small scale:

going beyond the collisionless CDM
(e.g. having warm component or including self-interactions) can address
(at least some of the) cosmological problems

quite rich literature on the subject…
…generically velocity-dependent self-interactions are preferred

see e.g. review by Tulin, Yu '17

↓

DM self-interactions due to exchange of a light mediator

Early vs late:

in ΛCDM the DM component is extremely simple

non-interacting, cold, with constant equation of state throughout whole evolution

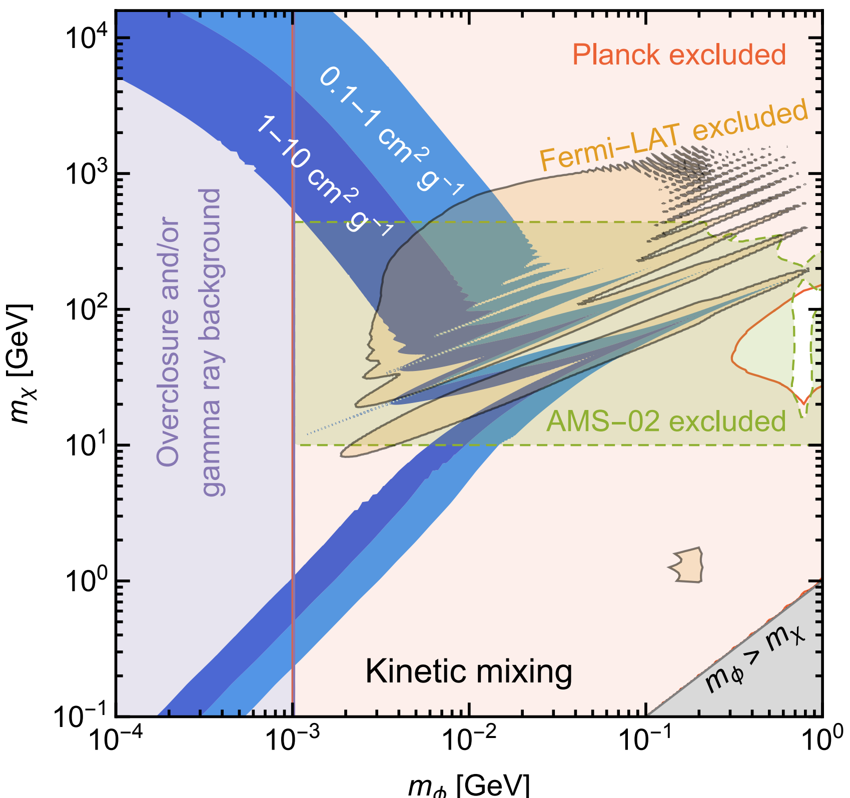
↓

however, if at late times a fraction of its energy is transferred to radiation (e.g. through decay or annihilation), then this can significantly affect the evolution

… but can it address both at the same time?!

SOME ISSUES…

Simple models with thermally produced DM very strongly constrained



T. Bringmann et al. '16

with many of the constraints quite severe even in more general models

light mediator (if coupled to SM) affects CMB, indirect detection, colliders…

Energy transfer to radiation needs to happen very late (often after recombination)

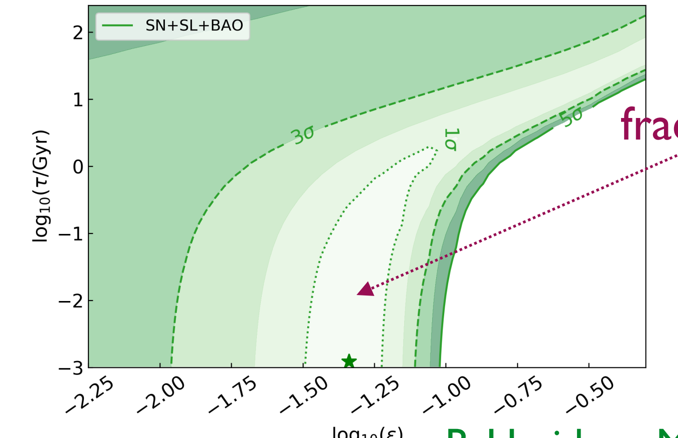
if through annihilation enormous rates are needed

[but see T. Bringmann et al. '18; T. Binder et al. '18 for models of this type]

if through decay

the rate of change of eq. of state not ideal for the fit

one needs to ensure only a small fraction of DM decayed (extremely long lifetime or multi-component)

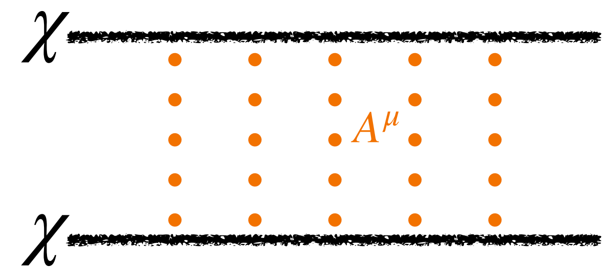


fraction of ~8%

B. Haridasu, M. Viel '20

The Idea

Dark matter self-interacting through light mediator



to avoid limits from CMB and indirect detection → make the mediator <u>stable</u>…

typically overcloses the Universe

…but never in equilibrium
(with negligible initial population)

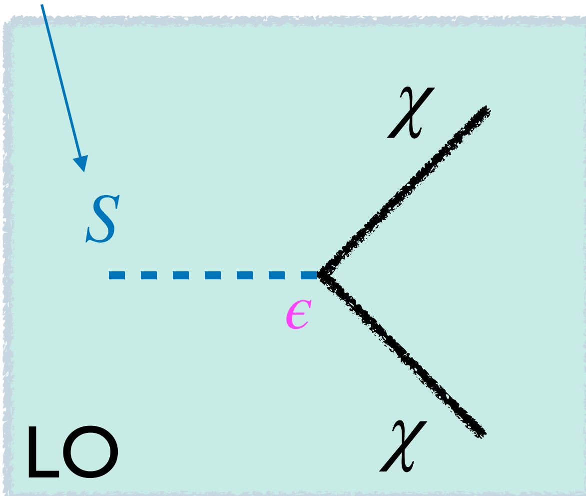
→ freeze-in like

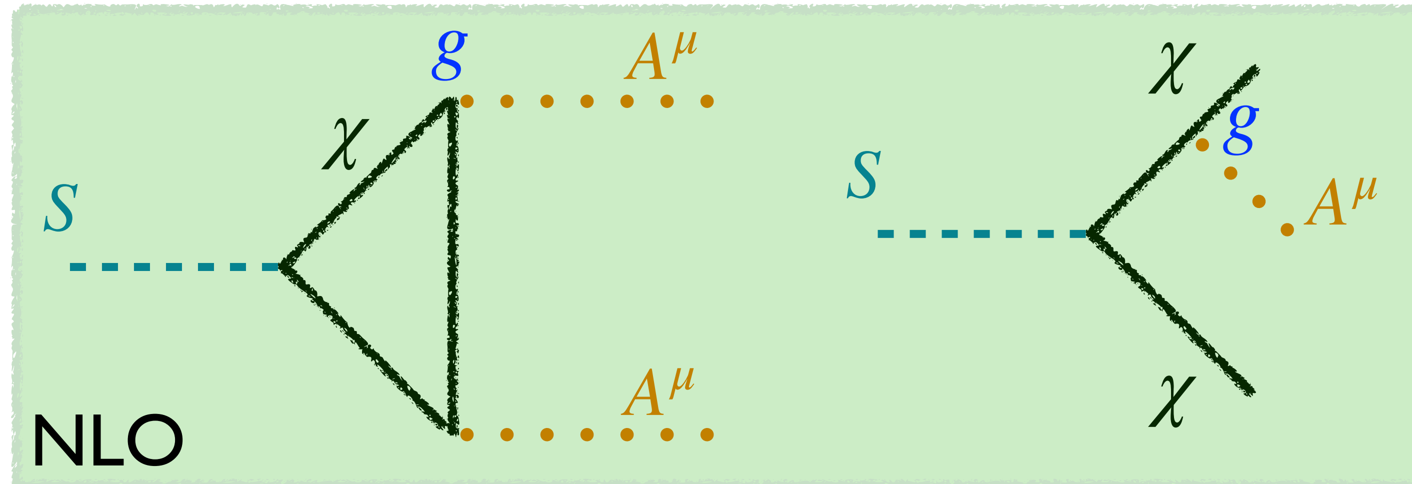
→ superWIMP like

both give viable, though not that unexpected mechanisms for self-interacting DM production, but superWIMP has an **intriguing feature**…

The Idea

WIMP-like connector state





$\Gamma_{S\to\chi\chi} \propto \epsilon^2$ $\Gamma_{S\to AA} \propto \epsilon^2 g^4$ $\Gamma_{S\to\chi\chi A} \propto \epsilon^2 g^2$

therefore, parametrically: $BR(S \to AA) \propto g^4$ $BR(S \to \chi\chi A) \propto g^2$ $\sim (1-10)\,\%$

(with different phase space factors and energy of the mediator)

if $\boxed{\delta = 1 - \dfrac{2m_\chi}{m_S} \ll 1}$ $\Rightarrow$ S decays mostly to matter χ with small fraction to radiation A

Property needed to modify expansion rate here present in an automatic way!

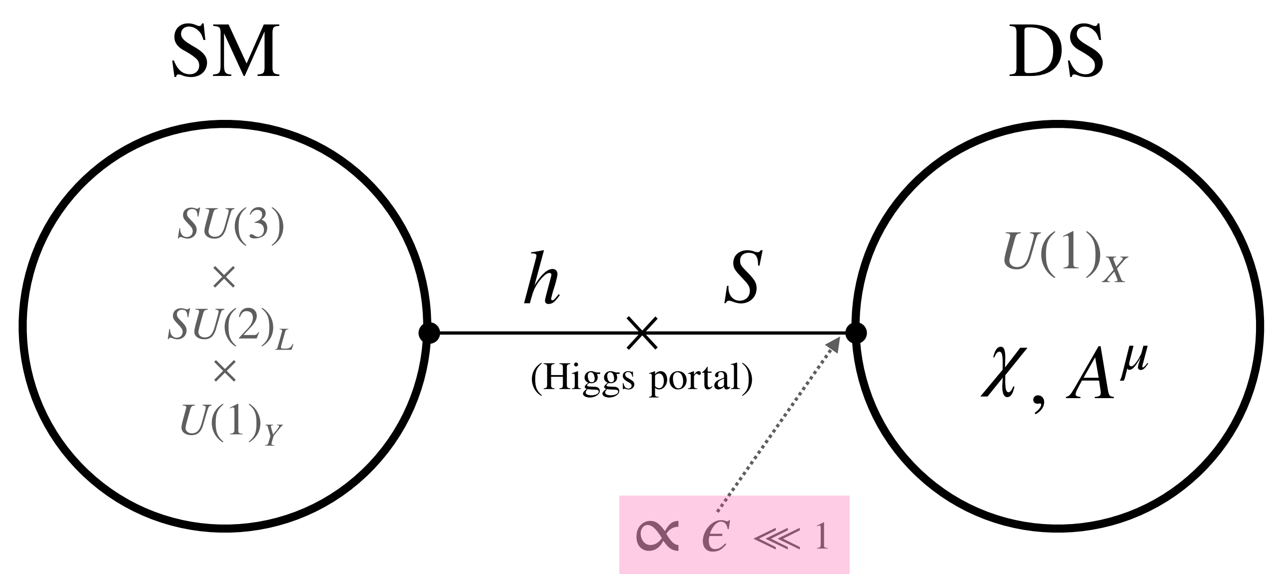
EXAMPLE MODEL

SM and dark sector connected through a very weak Higgs portal:

Assume WIMP-like symmetry

$$Z_2 : S \to -S$$

that is broken* (explicitly or spontaneously) with breaking parametrized by ϵ



Relevant interaction terms:

$$\mathscr{L}^{\mathrm{DS}} \supset \lambda_{HS} S^2 H^\dagger H \ +\ \epsilon\, S\bar{\chi}\chi \ +\ \epsilon\, \cancel{\mu_{HS} S H^\dagger H} \ +\ ig\, A^\mu \bar{\chi}\gamma_\mu\chi$$

leads to freeze-out of S

decay

$\epsilon \lll 1$

↓

very long life-time of S

subdominant

self-interactions

g not tied to DM production

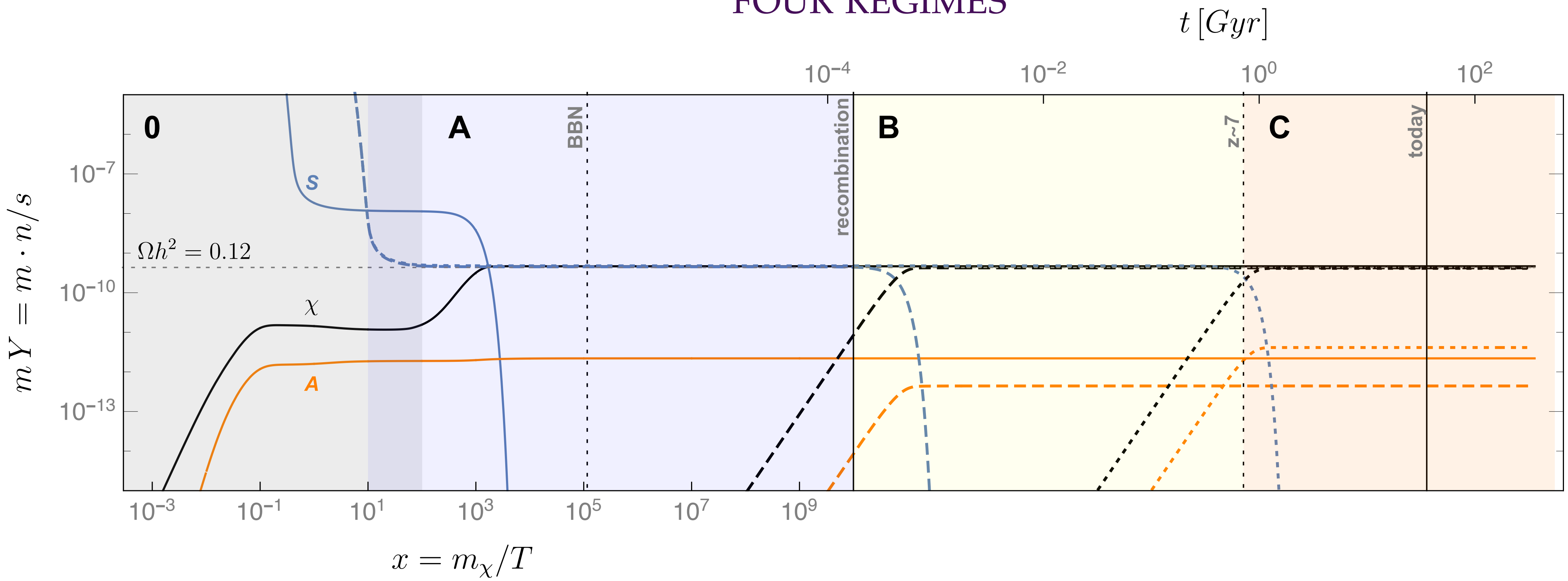
↓

can be large

* at some high scale, e.g GUT or even Planck scale

History

FOUR REGIMES



~~0) weak $\lesssim \epsilon$~~

~~DS thermalizes, usual thermal self-interacting DM model~~

B) ultra weak $\lesssim \epsilon \lesssim$ very weak

life-time on cosmological scales changing the expansion rate - chance to impact the H_0 tension

A) very weak $\lesssim \epsilon \lesssim$ weak

superWIMP production, viable model but no impact on H_0 tension

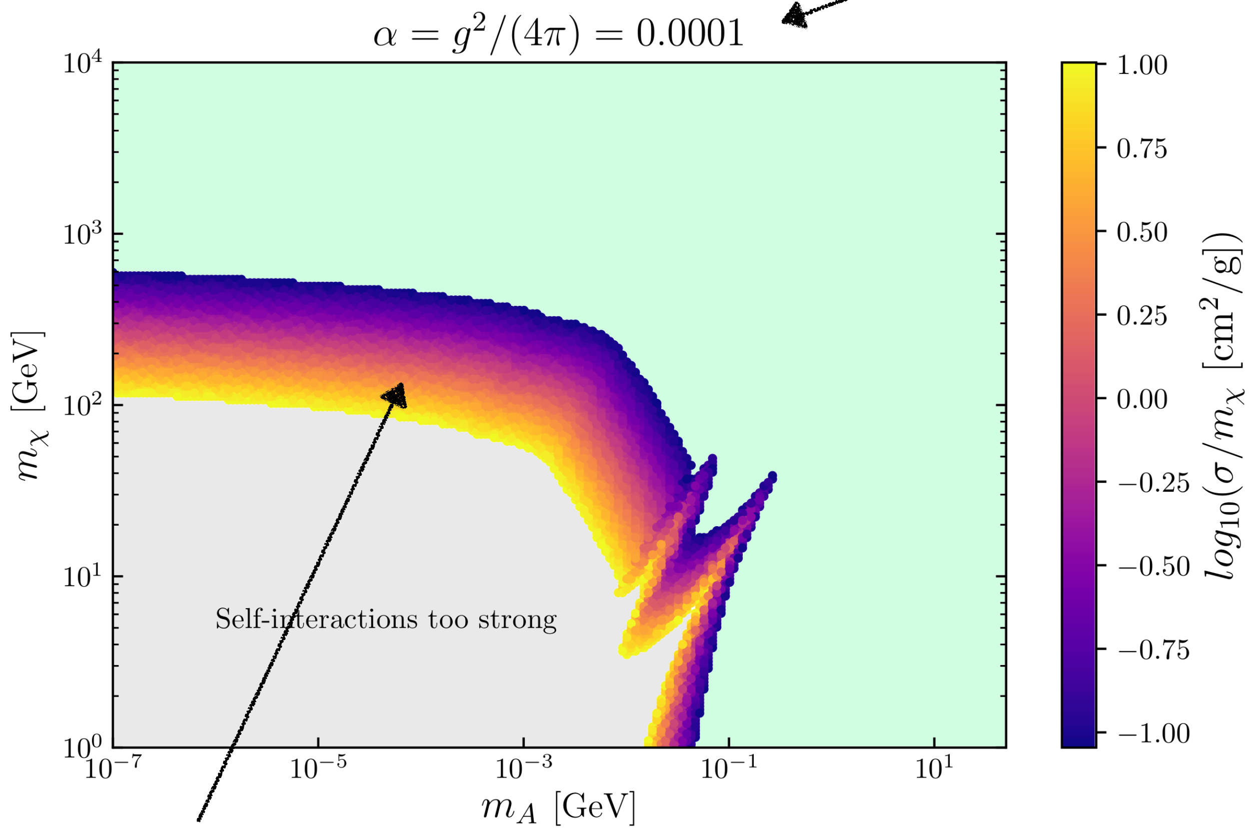
C) $\epsilon \lesssim$ ultra weak

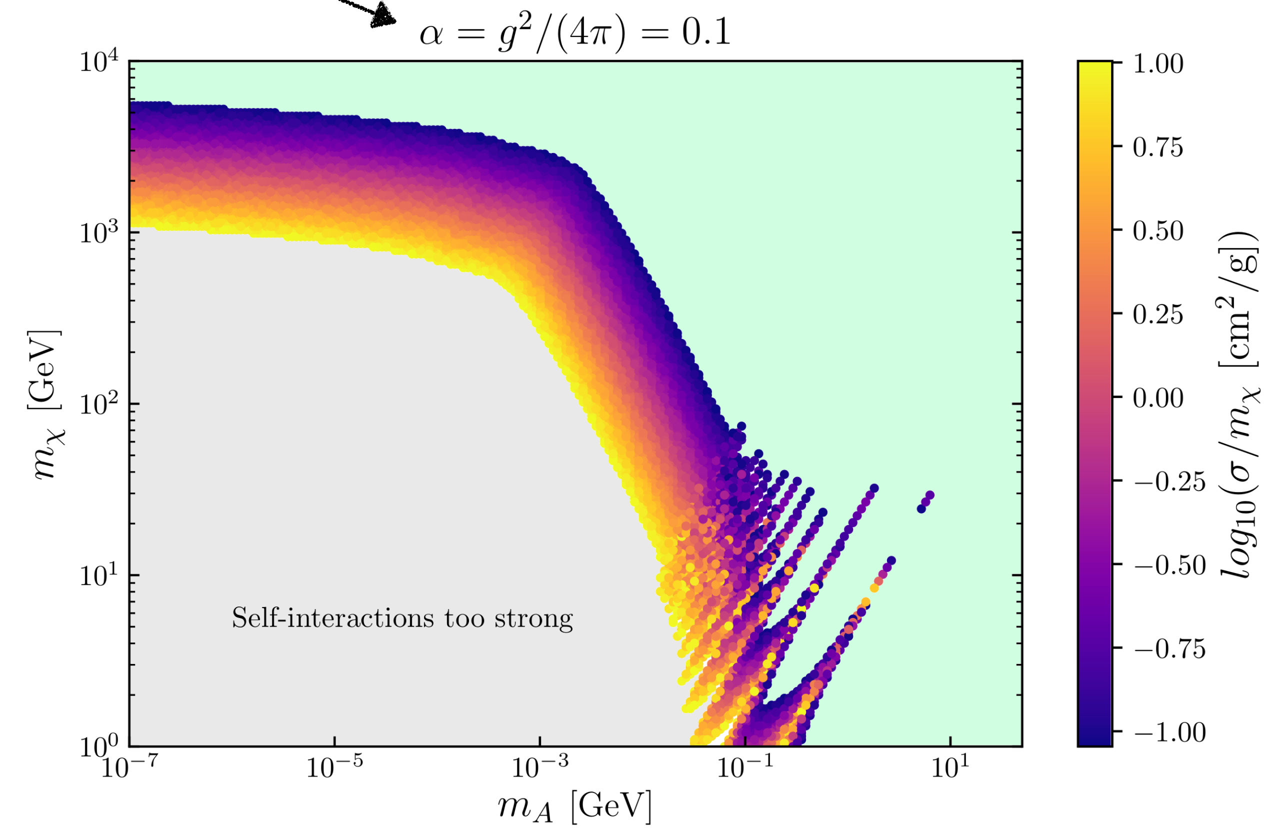
two-component DM (S and χ), where only one is self-interacting (in this case perhaps even ultra-strongly)

[The model can be viewed also as an extension of the usual Higgs portal DM to weaker couplings]

REGIME A: ONLY SIDM

not fixed by relic density; can be varied independently





preferred regime for small scale problems

In this regime DM is produced from out of equilibrium decay and never thermalizes

more extended parameter space giving large self-interactions than in thermal models

the mediator is not in the plasma and therefore can be absolutely stable

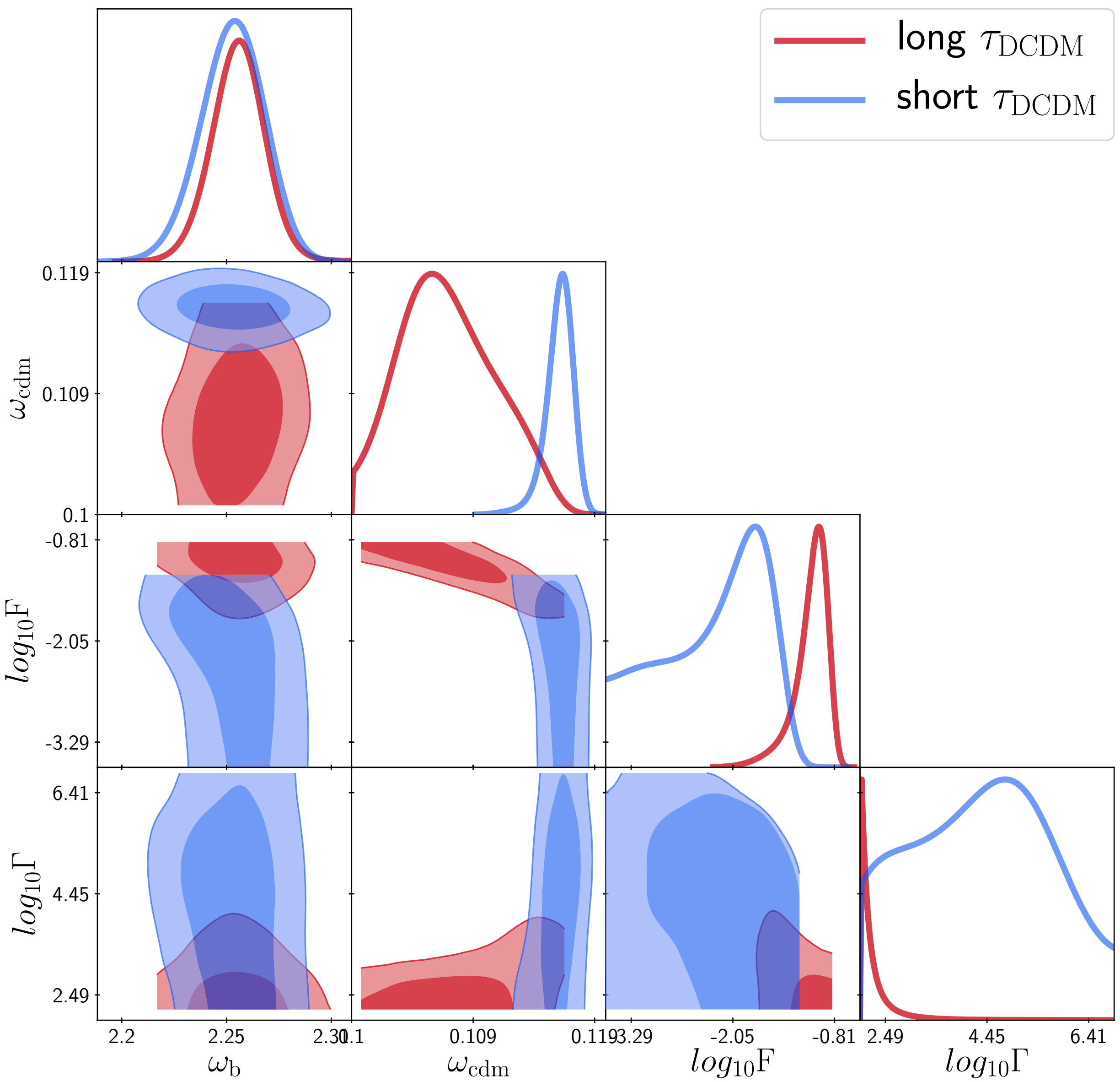
DCDM MODEL

It has been noted that the Decaying DM model (DCDM) with two parameters:

Γ — decay width $\qquad F$ — fraction of the decaying component

can improve the fit to the Hubble parameter over the CDM

…; S. Aoyama et al. '14; V. Poulin, P. Serpico, J. Lesgourgues '16; K. Enqvist et al. '15; G. Blackadder, S. Koushiappas '18; Y. Gu et al. '20; …



We have performed our fit with MontePython using combined datasets:

- Planck 2018
- BAO data from the BOSS survey
- the galaxy cluster counts from Planck catalogue
- local measurement of the Hubble constant.

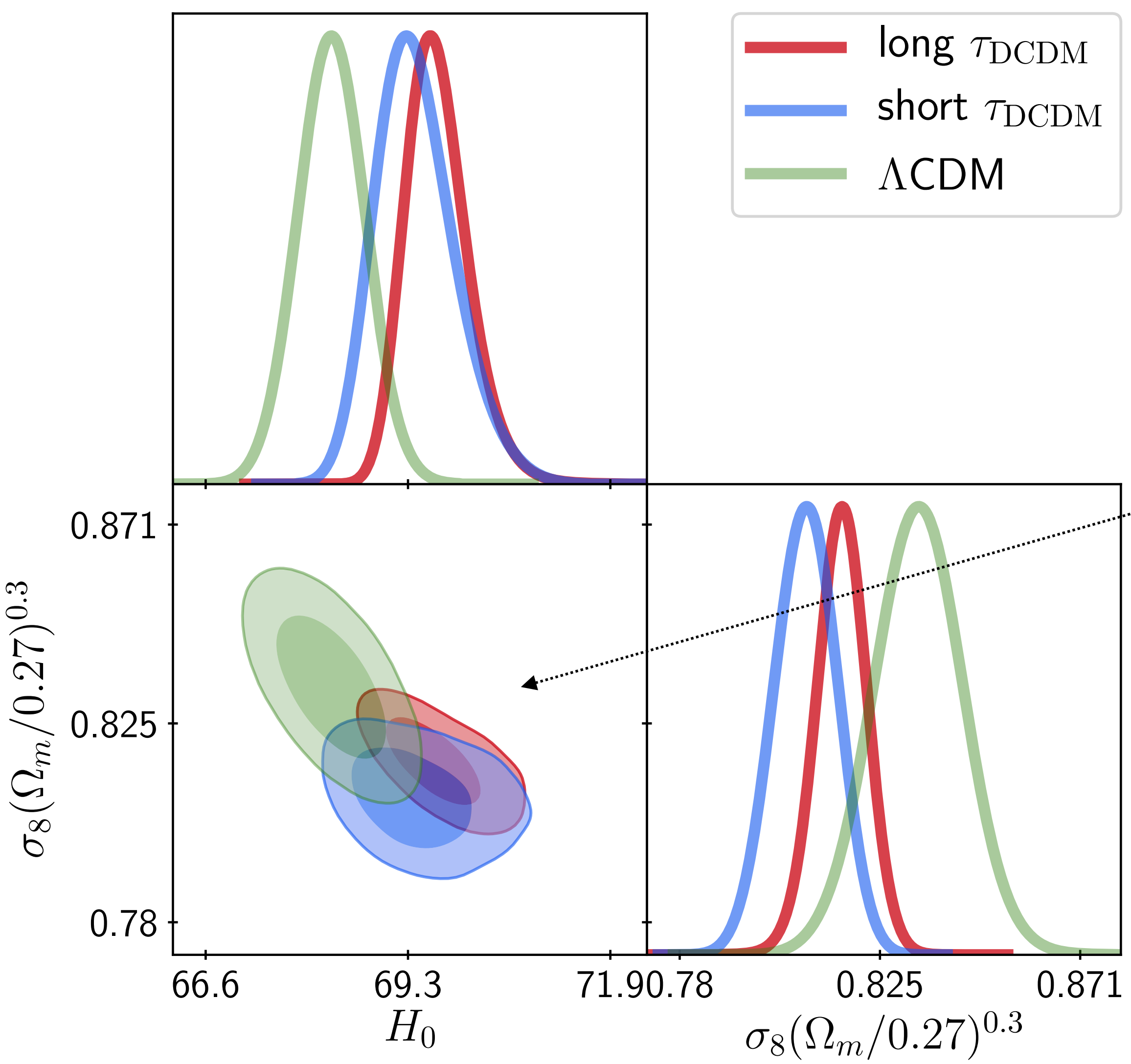
with two different life-time priors: short and long (motivated by previous results)

K. Vattis, S. Koushiappas, A. Loeb '19

DCDM MODEL

The H_0 parameter best fit:

$\log_{10} \mathrm{F}$	$-2.41^{+0.96}_{-0.48}$	$-1.1^{+0.25}_{-0.081}$	-
$\log_{10} \Gamma$	$4.36^{+1.38}_{-1.49}$	$2.33^{+0.13}_{-0.33}$	-
H_0	$69.4^{+0.43}_{-0.60}$	$69.7^{+0.33}_{-0.44}$	$68.28^{+0.45}_{-0.45}$
σ_8	$0.791^{+0.0062}_{-0.0051}$	$0.80^{+0.0030}_{-0.0031}$	$0.8065^{+0.0073}_{-0.0077}$



Two preferred lifetime regimes:

– short (regime B): $\tau \sim 4$ Myr while fraction of dark radiation is strongly constrained to be below ~ 1%

– long (regime C): $\tau \sim 5$ Gyr while fraction of dark radiation is allowed to be as big as ~ 10%.

The shift of the H_0 compared to ΛCDM is however rather mild in models of the type as our example

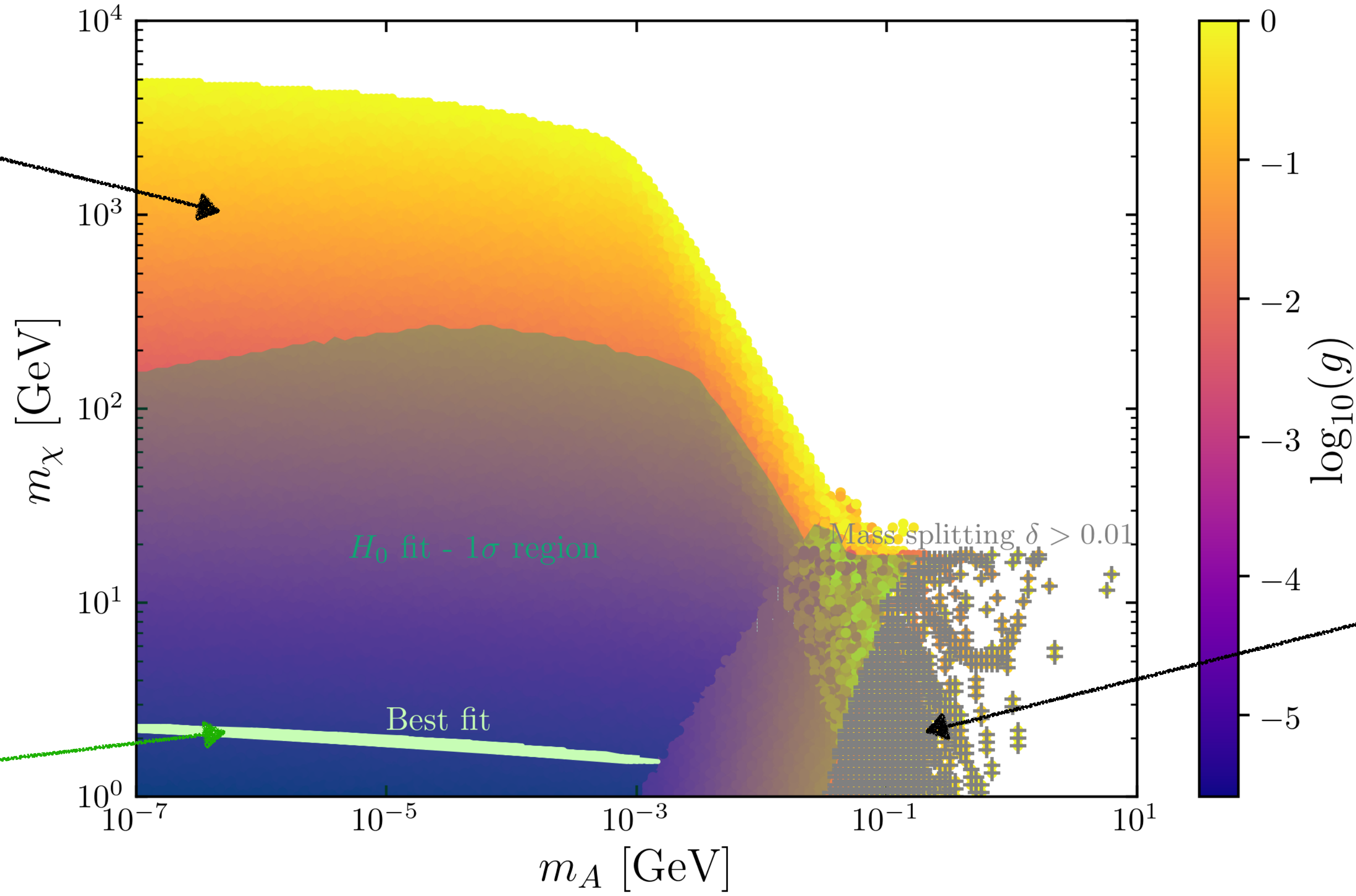
… although this could perhaps be modified with model building, complete solution of the H_0 tension is unlikely

see also S. Clark et al. '20

but DCDM can play its part in the full solution

REGIME B: SIDM FROM LATE DECAYS

now only points with
$\sigma/m_\chi = (1 \pm 10\%)\,\mathrm{cm}^2/\mathrm{g}$



gray points are in tension with structure formation (when DM has too large velocity at production)

best fit region to cosmological data

In this regime life-time on cosmological scales changing the expansion rate - chance to impact the H_0 tension

best fit spans over wide region of mediator mass $\lesssim 1\mathrm{MeV}$ but pretty specific m_χ

though the change of the H_0 parameter is not large enough to completely solve the tension

REGIME C: ULTRA-SIDM

For longer S life-times it won't decay completely even till today

two-component DM (S and χ) combination of CDM and SIDM

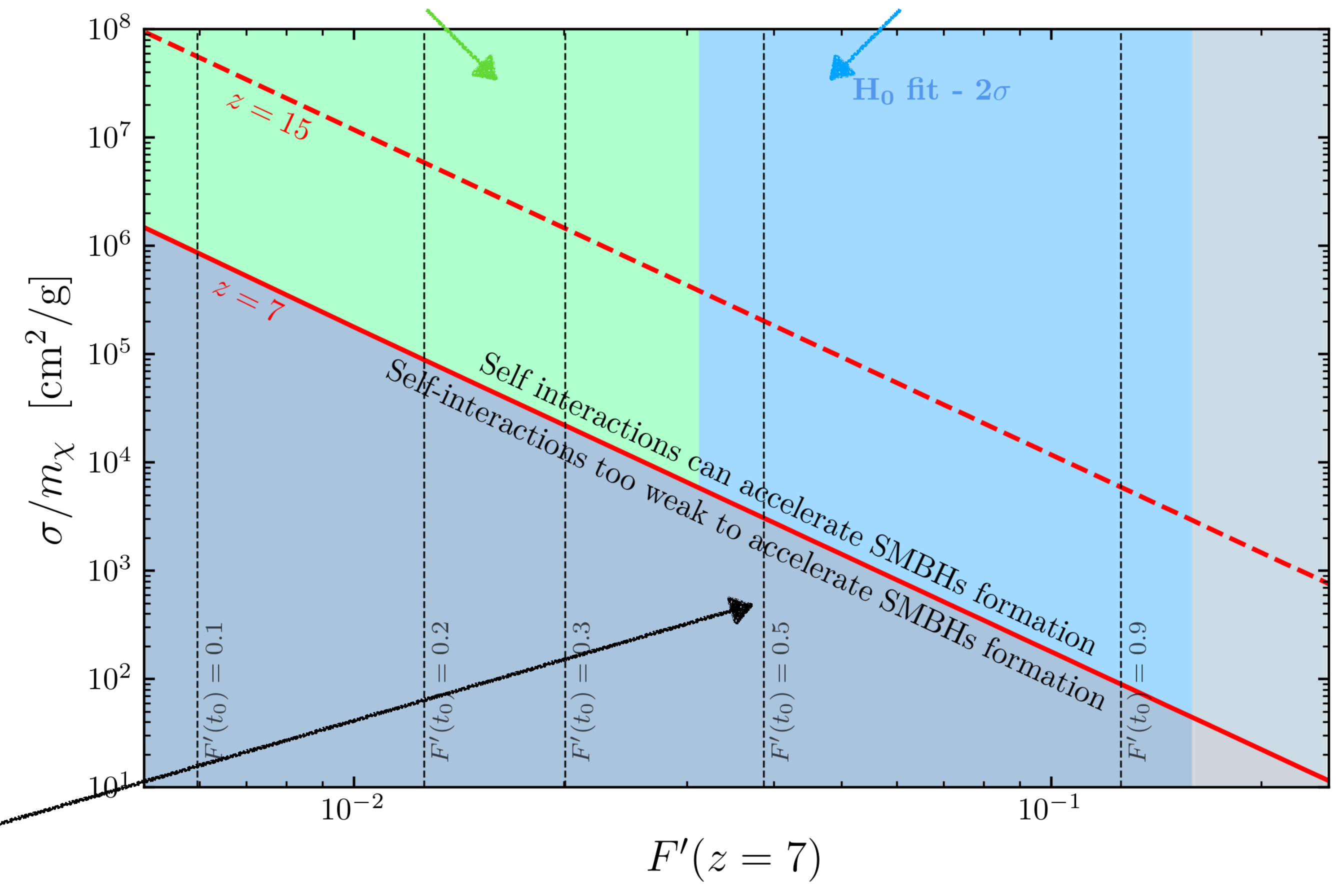
when only fraction of DM is self-interacting it can actually have much larger scattering cross section

to fit the H_0 one needs larger fraction going to radiation (i.e. larger BR to mediator A)

problem: between z~7 and z~0 large fraction of S will manage to decay leading to too large present day population of uSIDM

helps in SMBHs formation

+ improves fit to H_0



uSIDM

J. Pollack, D. Spergel, P. Steinhardt '14

provides a candidate mechanism for seeding the formation of supermassive black holes (SMBHs)

[standard formation theory is challenged by observation of very old, z ~7 SMBHs]

J. Choquette, J. Cline, J. Cornell '19

the model can either improve the fit to H_0 or help with SMBHs formation rate, but not both

BONUS: XENON 1T

Throughout the whole discussion we assumed the mediator is completely stable…

…but it does not need to be

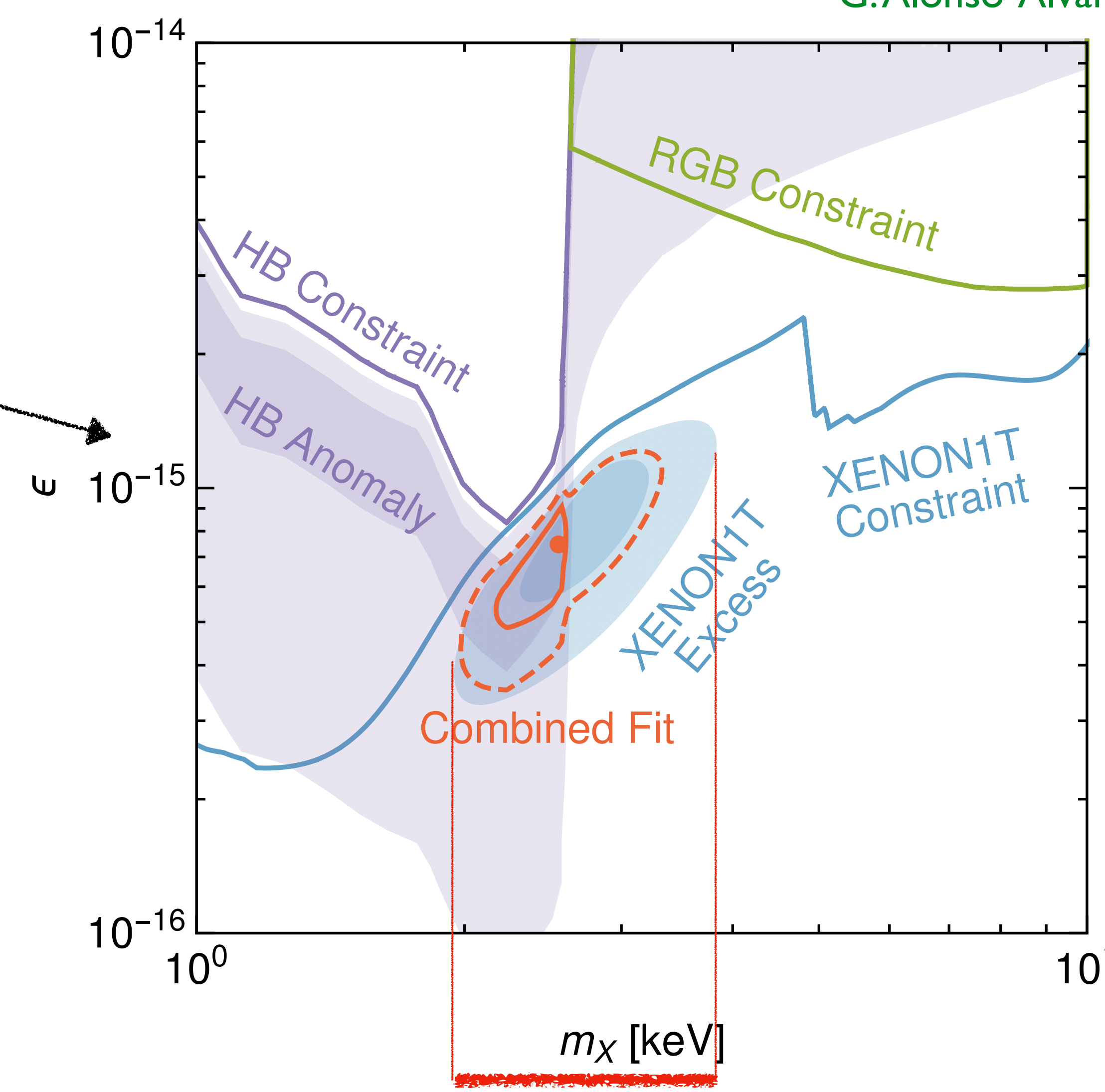
Allowing e.g. some small kinetic mixing with the SM photon does not spoil any of the results above, while can have phenomenological consequences

e.g.

$\Downarrow$

Worth investigating also other potential signals, e.g. the detection of the decay products (especially in regimes B and C)

G. Alonso-Alvarez et al. '20



[mass range perfectly consistent with best fit to self-interaction strength + H_0 in our model]

CONCLUSIONS

1. Mechanism of self-interacting DM production from decays of an intermediate state offers a new way of constructing models satisfying the known constraints

2. It provides a natural way of transferring few % of energy density to radiation at late times allowing for moderately alleviating the H_0 tension

[or from a different angle: can be a part of the solution as it's quite likely that true explanation is a combination of few effects]

3. Extensions of the simple model discussed here can offer interesting phenomenology and are worth investigating